THURSDAY 2ND APRIL 2020 - UPDATE

Weobley Ash: Often Copied.... Never Beaten biled high with fresh fruit and veg.
Potatoes, Leeks, parsnips, Califlower, broccoli, cabbage, onions.
Oranges, apples, grapes bin, bananas, Lemons.
Tomatoes, cucumber lettuce, pepper, garlic.
No shortage, no limits, shopping local has never been so good. Delivery available to this in isolation and the elderly. 01544 598120 shop@weobleyash.co.uk to order
Free in store parking, open 9-5 Monday to Saturday.
Due to increasing demand in deliveries we are creating a rough time plan:
Monday- Saturday= Presteigne, Lingen and Norton
Tuesday= Leominster (and nearby areas/ areas on route)
Wednesday= Knighton (and nearby areas/ areas on route)
Thursday= Kington (and nearby areas/ areas on route)
We advise doing weekly orders and preparing at least 3 days beforehand to ensure we can gather all your items in time. Many thanks and keep safe!

The Retreat: Available for collection or local delivery from The Retreat.

Exercise, training, yoga, pilates equipment- mats, resistance bands, foam rollers and massage balls.

Full range of Silvan Skincare - Cleanser, Face Oils, Creams, Body Oils and multi-purpose balms including, Mama's, Muscle, Rescue, Sleep and Radiance.

Muscle, Skin and Relax Bath Salts 1kg and 2kg sizes available.

Locally produced soap, shaving balm, conditioners and shampoo bars from Wild Sage. Elsa's natural deodorants.

Please email marian@retreat.wales - these can be ordered for collection or local delivery.

Salty Dog. Some changes to collection and delivery times. At the moment: Delivery Tuesday and Thursday. Collect Wednesday Thursday Friday Saturday and Sunday between 10am and 2pm. Normal shopping 9am to 2pm Monday to Saturday, and then the orders are put together in the afternoon. Please order 3 days in advance.

Wild Thyme. Hi everyone! Just updating the pre-order takeaway menu from Wild Thyme Italian, Presteigne with the addition of a tasty Fish Pie 07854 428668

Messages from Powys County Council:

Economy: We have been experiencing a lot of traffic on our business grants webpage! Please bear with us as we resolve technical glitches and maybe try again later if you're having trouble. Good to know the letters have arrived safely though... We'll get the money to you asap! Advice for residents with online address problems: The increase in online shopping as a result of the Covid-19 pandemic has seen a number of people in Powys find out that their address is not being recognised by online retailers. Councillor James Evans is Cabinet Member for Powys County Council with responsibility for Regulatory Services. He explained: "If you are finding that your address is not being recognised when you are shopping online there is something you can do. Firstly, go to <u>https://www.royalmail.com/business/find-a-postcode</u> and see if your address is listed." "If it is not, please email

buildingcontrol@powys.gov.uk with your address and details explaining the situation or telephone 01874 612290 and we can check for you," said Cllr. Evans. He explained that when you formally register your address with the Powys County Council Street Naming team we ensure your address is listed with the emergency services, online services such as food deliveries and the Royal Mail. "If you find that your address is not registered our street naming team will aim to prioritise your request but please be aware that the Royal Mail may take at least 5 days to update their records. Until your address is registered we recommend that you speak – via the telephone or online - to your family or neighbours for support. "If you are unsure about your address or need any assistance please do not hesitate to contact us."

Sign Language: If you or someone you know is a British Sign Language (BSL) user, you may find these links useful during the Covid-19 pandemic.

If you need to contact 111 this NHS 111 BSL service will interpret – via your webcam or phone camera – so that they can relay your message onto the 111 team. https://interpreternow.co.uk/nhs111

Virus Testing: Powys County Council said that from today (Wednesday, April 1) around 15 tests will be carried out everyday on key workers who provide social care for vulnerable adults and children. The council also said it will continue to call on the government for a "consistent" supply of personal protective equipment to keep staff safe.

The council said: "Following meetings with Public Health Wales, NHS, Welsh Government and WLGA, the council has agreement for immediate start on testing for key roles within social services if someone if symptomatic so we can rule in/out Covid19 and support front line staff to return to work as soon as possible. This includes roles within the Local Authority and in the private sector providing services on our behalf. This starts today and we have approximately 15 tests/day which equates to 105/week for the Powys system. They added: "The council has also received delivery PPE – the stock is sufficient to meet current public health guidelines for staff use. The council is expecting an update from the government on PPE usage and will continue to lobby for consistent supply of equipment."

Message from Kirsty Williams AM: Some schools in Wales will stay open over the Easter holiday to support vulnerable children and those of key workers, the education minister has said. During a press conference, Kirsty Williams AM said education professionals were "stepping up" to make sure there is provision available for critical workers over the easter period, which includes weekends and bank holidays.

She said 800 schools in Wales were open in their first week with around 3,500 children attending - approximately 1% of the population.

She also confirmed that children in Wales will also be offered free school meals during the break.

Welsh Ambulance Service's plea for public's honesty during Covid-19: 1st April 2020

THE Welsh Ambulance Service is urging the public to be honest about the nature of their illness when calling 111 or 999 for help.

It has become apparent that some members of the public have been withholding information about their illness during the Covid-19 outbreak for fear of not being sent an ambulance, according to feedback from Trust staff.

This means crews have been attending some incidents without the necessary protective equipment, exposing them to potential harm.

The service is asking the public to be open and transparent about the nature of their call and their symptoms so it can signpost patients to the most appropriate care and safeguard its crews from contracting the virus.

In a video message to the public shared on social media, Lee Brooks, the Trust's Director of Operations, said: "Right across our organisation, staff are working tirelessly to ensure we can continue to provide you the best possible care as we respond to Covid-19.

"This is unchartered territory for our generation but our plans continue to develop as we work with our partners to ensure that we deliver care as safely and effectively as possible. "I have a plea for the wider public at this time. Our teams operating in your community are reporting that they arrive at the scene of an incident, possibly at your home, to discover that callers have withheld information about their symptoms. "Some of you have told us that you were concerned that, had you been honest, an ambulance would not have been sent. "We understand your concerns but I want to make a couple of things clear. Firstly, we will always send an ambulance where it is warranted, but this means relying on what our call handlers are told at the point that you call us.

"If you don't give us accurate information, you risk the welfare of the people whose job it is to care for us all. This is incredibly unfair on our staff, as it means that their right to enter your home prepared has been removed.