

WEDNESDAY 8TH APRIL 2020 - UPDATE

Presteigne & Norton Coronavirus Community Response: We're here to help. We are here at the end of a phone if anyone is feeling anxious or isolated or just wants a chat at this strange and stressful time. We have a trained Samaritans volunteer among our phone-support team as well as volunteers who are bereavement counsellors or who have experience at dealing with children and young people. Feel free to contact us on any of the following numbers: Emma Lilley (01544 267462) John Hymas (07969 440183) Maggie James (07767 753368) David Ashby (07453 031457).

Co-op Knighton.(via Community Newsletter) The manager apologised but confirmed that, because they're using volunteers, they can only deliver within a 5 mile radius so, YES for Norton, but NO for Presteigne...but of course they can put together an order for someone 'younger' to collect 01547 528645.

Alex Gooch, Baker. Hi there, we will be back at our usual spot in Broad Street on Saturday 8.30am - 3.30pm, selling a set bread selection in a sealed bag for £10 and a sealed box of pastries for £10 - this gives people a chance to stock up. When it's your turn you simply tell us how many of the bread bags and pastry boxes you want, then you pay on the contactless handset in front of you, then step back while your bread is placed on the end of the table for you to pick up and walk away with. It is contactless payments only. If you prefer you can ring and place an order for delivery at orders@alexgoochbaker.com. You can also email us to reserve a bread bag and pastry box. Please respect the the 2 meter gap at all times. We have put systems in place so you and the person serving you don't get close at any time. Thanks #breadsuppliers #staples

Spar Presteigne. Easter Egg Deliveries for Vulnerable Customers. The Easter bunny is due to arrive this weekend, but as he's being smart and social distancing we've offered to help him out! If you are a vulnerable member of the local community and want to order Easter eggs as part of your regular delivery with us just let us know and we'll add it to your order. All orders must be placed by 5pm on Thursday 9th April. Please give us a call to arrange this or to find out more. 01544 267328

Weobley Ash. Setting the bar high "tying meat well since 1887" well, 5am this morning, but feels like for ever. Great selection of joints for any isolating family size for Easter this weekend. Pork, beef and lamb. Artisan fair trade chocolate buttons, bars and eggs from Alexandra Pechabadens, a great Easter treat, in store. 01544 598120 shop@weobleyash.co.uk to order.

Beef boxes, these are set boxes for a set amount of people. Each box contains a beef roasting joint, steaks, diced beef/stewing beef, mince beef and burgers, enough to last you a weeks worth of meals.

Set box for 4 £60 Set box for 5 £75

Delivery available within 10 miles of Presteigne call 01544 598120 or email shop@weobleyash.co.uk

For the Love of Scrubs: Are you good with a needle - new facebook page now set up - Sub group created from for the love of scrubs - our NHS needs you. Care homes, nursing homes, GP surgeries, hospitals, anyone seeking items such as scrubs, headbands, scrub bags, masks etc please contact and join the group. Any sewers able to help joint the group and get on board. For the Love of Scrubs Powys.

<https://www.facebook.com/groups/536109203967625/>

B.W Roberts & Son: Easter Forecourt Opening hours:

Good Friday : CLOSED

Saturday 11th: 9am - 12pm

Easter Sunday: CLOSED

Easter Monday: CLOSED

Tuesday 14th onwards 10am-4pm weekdays

9am - 12pm Saturdays.

Message or ring 01544267365 to book repairs or MOTs

Message from Kirsty Williams AM: Earlier today I participated in a digital meeting with the Police and Crime Commissioner and Chief Constable for Dyfed Powys Police Force.

I was able to bring to their attention a number of concerns that have arisen locally including ensuring those travelling to our area for recreational purposes are turned around, but also ensuring that others that need to travel are able to do so without worry.

I took 3 important points away from the meeting:

- Firstly, In the run up to and over the Bank Holiday weekend the force will be out and about enforcing the essential travel only rules. Police will be stopping people and issuing fines to those who do not have a valid reason to be travelling. The message from the Government and Police is clear. Stay at home, travel only if it is essential.
- Secondly if you have concerns about your own personal safety at this time the Police stand ready to help and support you. We know that at this time that there is a very real risk of increases in domestic violence and abuse. If you need help then please call the Live Fear Free helpline (available 24 hours a day, 7 days a week) on 0808 8010 800 or call 999 if you can't talk in safety, but you need help immediately.
- Finally, whilst the force is thankfully seeing a downturn in crime, there are sadly people out there who want to exploit this crisis for their own nefarious gains. Despite the ongoing crisis, the Force is continuing to provide all their usual services to communities.

Thank you to everyone in the Emergency Services who are doing all they can to look after us through this crisis.

I will continue to keep in regular contact with the Police and Crime Commissioner and if you have issues you would like me to raise with them please email me on Kirsty.williams@assembly.wales