

## WEDNESDAY 1<sup>ST</sup> APRIL 2020 - UPDATE

**Message from Powys County Council:** For those people who are self-isolating and are looking for ways to maintain their health you might find the the free Moves4Me app helpful.

This app is designed to support adults to stay physically stronger for longer by improving access to resistance exercise training. (Please note that there are in-app purchases even though it's free to download). You can access this app via the Orcha website here <https://appfinder.orchacounty.gov.uk/review/273901/>

**Presteigne Local Food Market:** New leaf design (Celia's Creams) are willing to receive your orders and will deliver to Presteigne on Saturday, contact her on 07772771510 or [emailnewleafdesign@momentary-lapse.co.uk](mailto:emailnewleafdesign@momentary-lapse.co.uk)

**Spar - a reminder on their Home Delivery Service for customers who are most at risk to COVID-19.** Here's a list of "vulnerable customers" if you aren't sure about this - Aged over 70 - Pregnant - Customers with a disability/special needs - Customers with long term health problems - Single parents self-isolating with children. If you fall into one of these groups please call us on 01544 267328 to arrange a delivery. Deliveries are new to us, and we're a small store, with limited staff, so please bear with us as we get to grips with this new service. Finally, if you know anyone who lives locally who would benefit from this service please share this post with them. Thank you for your support. We're SPAR and we're There For You

**Mark at Real Wines.** Good news - fresh supplies of French wine arrived yesterday. Simply type *freeshipping* in the discount box at checkout and the delivery charge will be knocked-off your order. Click here to place an order now • Laurent Miquel's new range (Albarino) • Lamothe Vincent Sauvignon Blanc back in. • Chateau d'Or et de Gueules back in. • Verus back in. Thanks for being great customers and friends. Keep well!

**Co-op Stores (Kington & Knighton).** As always, we're committed to giving you the best possible service. With demand higher than ever, we need to give our colleagues time to replenish stock, so we can continue giving customers and the community everything they need when we reopen each morning. Additionally, we want to encourage members to stay at home as the government has suggested and only shop for essentials. Therefore our store opening hours are changing to 7am-8pm. However, our petrol stores will remain open until 11pm.

**Rose Cottage Flowers Café. Ready-to-heat delicious meals for delivery.** See Facebook page for each week's menu. Order before 11am on Thursday for delivery on Friday. £20

minimum for delivery within 5 miles of Presteigne. Order on Facebook, or email [lesleyharvey1@outlook.com](mailto:lesleyharvey1@outlook.com), or call 07548519714 or 01544 260453.

**Leominster Pet Centre:** We are delivering in PRESTEIGNE area Friday 3<sup>rd</sup> April due to demand. Please tag anyone in surrounding villages or towns that may want something dropped to them. Take care all. [#stayhome](#) [#keepsafe](#) [#leominster\\_uk](#) [#delivery](#) [#smallbusiness](#) [#hereforyou](#)

**East Radnorshire Day Centre:** Apologies for the lack of updates. We have been rather busy! We are providing a meals on wheels service to some of the elderly in our community and I wondered if any of the children are at a loose end if they would like to make some cards, paint a picture or write a little note and we can deliver them with the lunches. Whilst we are all struggling not being able to spend time with our extended family & friends it can be super lonely if you are self isolating and live alone. The mental well-being of people needs to be a priority. Hopefully we can help cheer people up. If you'd like to take part just comment on the post and we can make arrangements for a central collection point. Many thanks and please feel free to share!

**PAVO:** Register as a phone befriender. Call 01597 822191, email [pbs@pavo.org.uk](mailto:pbs@pavo.org.uk) or register direct at [www.bit.ly/2QWnQ0M](http://www.bit.ly/2QWnQ0M).

**Emergency funding of £400,000 for community sport in Wales has been announced by Welsh Government and Sport Wales today:** Welsh Government has confirmed they are making £200,000 available to provide support to not-for-profit sports clubs. This is being match-funded with £200,000 from Sport Wales. The impact of the Coronavirus comes just weeks after many clubs in Wales were severely damaged by flooding caused by storms Dennis and Ciara.

“It really is an unprecedented time for everyone and we’re acutely aware of the challenges to Wales’ sporting infrastructure,” said Sport Wales Acting CEO, Brian Davies. “We’re really grateful to Welsh Government for this additional funding – it really will be a lifeline for community clubs. “Our staff are working hard to set up an application process for the Emergency Relief Fund that enables us to provide funding as quickly as possible to those who need it most. “Given the enormity of the current crisis, we anticipate receiving a significant number of applications, and we’ll need to direct funds to where they are most needed.”

Sport Wales and Welsh Government have worked together to identify an initial fund of up to £8.1million in addition to the Emergency Relief Fund. This will be used to support sports clubs and our well-established partner networks who are so vital in ensuring the nation is able to remain active and enjoy all the health and wellbeing benefits that sport brings. Sport Wales will continue to seek the views of the sector to shape further requirements and ensure that this fund compliments the other support programmes available from Welsh Government.

Follow link for more information - [https://www.sport.wales/media-centre/latest-news/2020-03-24-400000-emergency-fund-for-sport-announced-by-welsh-government-and-sport-wales/?utm\\_source=Facebook&utm\\_medium=social&utm\\_campaign=SocialSignIn](https://www.sport.wales/media-centre/latest-news/2020-03-24-400000-emergency-fund-for-sport-announced-by-welsh-government-and-sport-wales/?utm_source=Facebook&utm_medium=social&utm_campaign=SocialSignIn)

**Changes to Contactless Card Payments:** Shoppers will be able to make contactless card payments with a new higher limit of up to £45 per transaction from Wednesday 1<sup>st</sup> April. The contactless card payment limit in shops is increasing by £15, from £30 previously, as part of measures to combat coronavirus.

**From the National Archives:** We're pleased to confirm that we will be giving everyone free access to our digitised collections very soon, but it's taking our amazing digital team a bit of time to make it happen. They're facing similar challenges to the rest of the world with regard to connecting to our various technical systems while working from home, and many of them are also juggling childcare duties. Stay tuned for an update soon!

EDIT: To clarify, we're referring to digitised collections that are available on our website (and usually chargeable) – at this stage, this doesn't extend to our collections on other sites.