

# COMMUNITY NEWS

ISSUE 187 JULY 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together For The Community"

*You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on [pacdg@icloud.com](mailto:pacdg@icloud.com) with REMOVE in the subject line & we'll immediately take you off the mailing list.*

**IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE [www.presteigne.org.uk/calendar](http://www.presteigne.org.uk/calendar)**

- **Please contact us if you see or hear of anything that will be of help to other residents - email [pacdg@icloud.com](mailto:pacdg@icloud.com)**
- **and if you need assistance in any way, email us and we'll pass on your message to people who can help.**

**...from one of our readers - everybody, please wear a mask !** Governments' advice to their citizens around the world is changing as the science develops and they find out more about how the Covid virus spreads - including here in the UK. This video explains a lot - the evidence is here - see <https://youtu.be/0Tp0zB904Mc>

**...from Halls Funeral Parlour.** Joan Bishop (Nan) of Townend, Presteigne passed away peacefully at Brecon Hospital on 13th July 2020 aged 90 years. A graveside service will be held at St Michael and All Angel's Church, Chirbury on Thursday 23rd July 2020 at 12 noon. Donations if desired directly to The Welsh Air Ambulance

## SCAM ALERT

**Bank security scam alert!** A reminder not to respond to unexpected calls from anyone claiming to be from your bank's security team, alerting you to a possible theft from your account. One of our readers recently received a call purporting to be from 'Visa Santander', stating that someone was trying to transfer £600 from their account to a bank in California, and recommending that they should install a security system on their computer in order to prevent this. The caller did not ask for any bank details or any other information, so our reader presumed they were genuine and it was some time before they realised they were being tricked into downloading a software programme called Anydesk that would have provided access to a lot of their data. A phone call to their bank revealed that the fraudsters had indeed been able to access our reader's account, but fortunately the bank's own security systems had prevented them from withdrawing any money.

## UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things keep changing so, best first check information on websites or Facebook pages)

**...from St. Andrew's Church. We're reopening for Sunday Worship.** Following the announcement by the Welsh Government that church services may recommence, we're going to be holding a service of Holy Communion (from the Prayer Book) in St Andrew's Presteigne on Sunday July 19th at 11am. It will not quite be what we're used to - there can be no singing, the seating is 2-metre distanced (though members of the same household can sit together), we'll be using disposable service sheets, and all necessary hygiene precautions will be in place - but it will be a joy to welcome everyone who wants to come. If you would like more details of our precautions, please get in touch with me, but rest assured we are following all the required procedures and doing everything we can to keep our congregation safe. Rev Steve.

**...from Russ at Presteigne Driving School.** GREAT NEWS!! Finally we have been told driving instructors can start teaching again in Wales on the 27th July!! I will be in contact with all pupils, please bear with me! Changes: Face masks will need to be worn while in the car, please bring your own if possible. Hand sanitizer will be available to use before, during and after lessons. The car will be completely sanitized after each student. If you are feeling unwell

or have a temperature you MUST let me know so we can rearrange your lesson. If you do develop any symptoms of Covid you MUST inform me as soon as possible. Cheers guys.

**...from Dale at The Royal Oak.** Thank you all so much for your continued support, you have been fantastic and we are truly grateful to you all. Now we are exploring the next stage, we know that we can count on your understanding and patience in order to keep The Royal Oak safe for the future. We will be opening the BEER GARDEN on Wednesday 15th July 4 - 9pm, then Thursday 16th 4 - 9pm, Friday 17th 4 - 10pm, Saturday 18th 12 - 10pm, and Sunday 19th 12 - 6pm. If you feel unwell or have any symptoms of Covid 19 please do NOT come to the pub! Bookings will be taken for tables in the garden on 01544 260842. We hope to start food next week. Your patience will be appreciated as this is as new to us as it is to you, we will find a way forward that works both for us and you. We look forward to seeing you all soon. Team Oak

**...from the Warehouse.** We would like to thank everyone for the many donations we have had so far. We have had a huge amount and are struggling at the moment to cope with storing the items, so if at all possible we would like to ask if you could hold on to any donations for a few more days to give us time to catch up. That would be a great help. Also we are unable to take child car seats, bike helmets or crash helmets as we are advised not to sell them for safety reasons.

**...from The Royal Oak.** This week's takeaway Sunday Roast menu is now available. Free delivery within 2 miles of Presteigne and pick up slots available at the pub. The beer garden is now open but we will still be doing it just for takeaway this week. To book call us on 01544 260842 or message us on here.

**...from Spar Presteigne.** We've got surplus food that needs rescuing! Download the free Too Good To Go app to reserve a Magic Bag of surprise, unsold food : <https://fal.cn/39asJ>

**...from Arrowfield Vets, Presteigne.** We are now able to re-open our Presteigne branch for limited consult times starting from Monday 20th of July! The consultation times for next week, will be as follows: Monday - 9 till 10am ; Wednesday - 9 till 10am; Thursday - 4:15 till 5.30pm; Friday - 9 till 10am. You can contact us to book an appointment for your pet using our Kington phonenumber 01544 230567 to ensure we book you in promptly. To keep you and ourselves safe we will continue to collect your pet from you outside the practice. Our staff will be wearing PPE whilst with clients outside and keeping a safe distance apart, we please ask that you also help to keep to these guidelines whilst at our practice. When arriving for your appointment, please either telephone the practice or ring the intercom to let us know you've arrived and give your pet's name, surname and the car you are in so we can easily locate you. Please watch out for surgery times going forward through the coming weeks. Thank you for your support and cooperation. Arrowfield Veterinary Team

**...from Ian the Barber.** The last few days have been hectic especially as the council have ordered me not to continue on the recycling car park after I'd been told there was no problem - to counter this I'm offering to do home visits with or without my trailer or for you to come to where I park the trailer. I'm looking for somewhere to work from in Presteigne. Call 07977 000741

## OTHER INFORMATION

**...from the Welsh Government.** We're providing £9 million to help town centres operate safely in response to coronavirus. This will include a variety of things to help businesses adapt, including:

- Outdoor tables, chairs, and awnings.
- Electric and lighting supply to outdoor trading spaces.
- Establishing local markets.
- Sustainable and active transport to make it easier and safer to get around.

<https://gov.wales/9-million-support-town-centres-recover-coronavirus-pandemic-announced>

**...from Recycle Now.** Food waste that is sent to landfill doesn't harmlessly breakdown. It has a big impact on the environment as it rots and releases methane. However, it's not all bad news as many of us will be able to recycle our food waste. Watch our video for a summary of what you can put in your food waste caddy. Take a look at our website for more guidance and tips on food recycling: <https://bit.ly/2W8ejGy> #recycle

**...from What's On Stage.** Award-winning performer Helen Mirren will support the Greenwich Theatre in a new online production of Steven Berkoff's "The Secret Love Life of Ophelia". Reimagined by the venue and performed by 39 young, emerging or marginalised actors (each reading out a letter Berkoff has imagined being written between Hamlet and Ophelia), Mirren will make a special appearance as Gertrude at the play's conclusion. Berkoff's piece transforms Ophelia's role, giving her more agency than she is afforded in Shakespeare's text. "The Secret Love Life Of Ophelia" will premiere on Greenwich Theatre's YouTube channel on Friday 31 July at 7.30pm BST, and will remain available to watch for free until Friday 14 August.

**...from Powys Teaching Health Board.** We are now able to offer some appointments by video. This means you can connect with your healthcare professional via video call (similar to Skype or FaceTime) using your computer, tablet or smartphone. <https://pthb.nhs.wales/services/virtual-and-online-services/virtual-clinics-with-attend-anywhere/>

**...from Powys CC.** As RHOD GILBERT says, if you're worried about someone, give us a call. If you have concerns about an adult, call 0345 602 7050. If it's a child or young person you're worried about, call 01597 827666. Or, if it's an emergency, call 999.

**...from Powys Teaching Health Board.** The latest weekly report from the Office for National Statistics has been published today and sadly confirms that 92 Powys residents have died where COVID19 was mentioned on their death certificate. Their report identifies 37 deaths in hospitals in Wales and England, 46 deaths in care homes and 9 in the person's home. These figures have not increased in the last two weekly reports. <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/causesofdeath/datasets/deathregistrationsandoccurrencesbylocalauthorityandhealthboard>

**...from Powys Teaching Health Board.** Eye Care: Optometry (eye care) services across Powys are now able to offer appointments for urgent and essential eye care. Please contact your optometrist for more details.

**...from Community Catalysts.** Be proud of your work and do things your own way. If you are thinking of a career change, have you considered offering care to people near you? Like Nicola, you can branch out into offering help at home to others and do something inspirational in your local community. You'll also get to decide your hours, work locally and earn a decent hourly rate. You will be in charge. If you are caring and want a job that helps people - I would love to talk to you about our free programme to help you get started. I'm Heather and you can contact me on 07595 411 945 or email [heather.maling@communitycatalysts.co.uk](mailto:heather.maling@communitycatalysts.co.uk). We are particularly keen to hear from people in Knighton, **Presteigne**, Hay, Talgarth, Crickhowell. #jobs #Powysjobs

**...from Powys CC.** Activity sessions for children in Powys will be held during the summer holidays, the county council has said. Powys County Council has arranged its Children's Summer Sessions, which will be held every weekday afternoon from Monday, July 27 to Friday, August 26. The sessions will take place at eight venues across the county and are aged for children aged five to 16. The council is reminding parents who are key workers that the emergency childcare provision currently provided by schools and five leisure centres across the county will end of Friday, July 24. The sessions, which will run in line with Welsh Government Covid-19 guidance, will be held Monday to Friday from 1:30-4:30pm. Places will be limited so parents must book their child's place online. The sessions will be held at Freedom Leisure Centres in Brecon, Newtown, Rhayader, Welshpool and Ystradgynlais as well Ysgol Bro Hyddgen (secondary campus), Llandrindod Wells Youth Centre and **Knighton Primary School**. Places are limited and will be allocated within Welsh Government guidance. To book a place and for more information visit <https://crowd.in/CvDTiB>

**...from Welsh Water.** We're on hand to help. If you know someone who should be top of our list in times of need, sign them up to our priority services register. If their supply is ever interrupted we'll deliver bottled water to their door. Sign up your family and friends today [dwrcymru.com/priorityservices](http://dwrcymru.com/priorityservices)

**...from Powys Teaching Health Board.** Incredible Years (IY) is a programme for parents, children, and teachers. It aims to prevent young children's behaviour problems and promote their social, emotional, and academic competence. It includes the Incredible Beginnings course for teachers and childcare providers. IY Trainer Sue Evans and IY Mentor Anne Breese (both from Powys Teaching Health Board) have delivered the Incredible Beginnings course to early childhood teachers throughout Powys. You can find out more from the IY website at <https://incredibleyearsblog.wordpress.com/2020/07/02/incredible-beginnings-implementation-and-evaluation-in-powys-wales/>

**...from Powys CC.** Do you or someone you know need help with day-to-day living? Perhaps you're not as nimble on your feet as you used to be? Or perhaps you find that your memory isn't quite as good anymore? Did you know that there is a webpage which is designed to give free advice on the help that's out there? AskSara can tell you about products which make your (or their) lives easier.

It asks a few simple questions and then shows you a list of suggestions of things which may help. Why not take a look? <https://crowd.in/HevrZW>

**PACDG - the Presteigne Area Community Development Group... "Working together for the Community"**

**If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email [pacdg@icloud.com](mailto:pacdg@icloud.com).**