

# Community News

## Issue 235 January 2021

The Community News is an information service from PACDG - the Presteigne Area Community Development Group

"Working Together For Our Community"

email [news@pacdg.org](mailto:news@pacdg.org) to contact the Editor

- if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - email the Editor
  - please email if you see or hear of anything that will be of help to other residents, including local area jobs
  - if you need assistance in any way, email us and we'll pass on your message to people who can help.
- ...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE [www.presteigne.org.uk/calendar](http://www.presteigne.org.uk/calendar)

**All of Wales is still at Alert Level 4. See what this means:** <https://gov.wales/alert-level-4>

**All of England is in full lockdown. See what this means:** <https://www.gov.uk/guidance/national-lockdown-stay-at-home>

...from the Welsh Government. **Stay home, protect the NHS and save lives. Please stay home - it's not advice. It's the law.** The new strain of coronavirus is adding a dangerous dimension to the pandemic. It's driving the very serious situation we now face. It's highly contagious and wherever people come together, it's spreading. So we must not see others and we must stay home. We have all made huge sacrifices over the last year, but we still need your help. Whatever your reason, do your bit to keep Wales safe <https://gov.wales/alert-level-4-frequently-asked-questions>

...**Stewarding of SPAR and Premier: your town needs you!** By popular request, and to keep us all safe, we're restarting stewarding in the High Street. We're aiming to cover mornings till either midday or 1pm, with reduced hours on a Sunday. If you are able to give a couple of hours of your time each week we'd be very grateful. Previous volunteers have found it a lot of fun - you get to talk to real human beings! All ages (18 and over) welcome. Please email Emma at [stewards@sheep-music.co.uk](mailto:stewards@sheep-music.co.uk)

...from Powys Teaching Health Board: **Presteigne Medical Practice is running the first pathfinder GP practice-led vaccination service in the county**, and all registered patients aged 80 and over should receive their invitation by 12 January: <https://pthb.nhs.wales/news/health-board-news/pathfinder-gp-practice-led-vaccinations-under-way-for-presteigne-patients/>. The vaccinations are due to be provided in a similar way to the flu immunisation through a vaccination centre in Knighton. Invitations are currently being issued to patients aged 80 and over, and we will confirm the timetable for other invitations as soon as possible. In addition, our third mass vaccination centre is set to open next week, in Builth Wells, which will increase access and capacity in mid Powys: <https://pthb.nhs.wales/news/health-board-news/third-mass-vaccination-centre-set-to-open-in-powys/>. More information about our vaccination programme is also available from our website which is being updated daily with the latest details: <https://pthb.nhs.wales/coronavirus/covid-19-vaccination/>

...from **Presteigne TC**. Please read this information - it may answer your questions without you contacting the Health Board or Surgery. We are told that all over 80s should be contacted shortly and vaccinations are expected to start at GP surgeries in Powys very soon in addition to the mass vaccination sites. <https://pthb.nhs.wales/coronavirus/covid-19-vaccination/>

...from **Powys Teaching Health Board**. [ed. on Sunday] 320 new confirmed cases of Coronavirus have been reported in the last 7 days in Powys. If you have symptoms, get a test: <https://gov.wales/apply-coronavirus-test> or call 119 (7am to 11pm). People with hearing or speech difficulties can call 18001 119.

**...from Presteigne Freegle about laptops for schools.** If you run a business with spare laptops and tablets, your old devices could change a young person's future. Find out how you can make a difference: <https://bbc.in/makeadifference>

**...a reminder. Don't forget the road to Knighton is closed at the Whitton turn,** so if you have any dental or vaccination appointments, give yourself time to go via Monaughty or over Stonewall Hill *[ed. the work is due to finished on Saturday the 15th according to the contractor]*

**...from Wendy. The work to sort the water at The Rodd** is starting this morning *[Tues 12th]* hopefully - traffic light system in operation

**...from the Town Clerk. Latest planning applications** in: 20/2135/FUL Grid Reference: E:331524 N: 263988 Proposal: Erection of 2.4m high palisade fence and gates Site Address: Unit 1, Broadaxe Business Park, Presteigne, Powys LD8 2UH. 20/2134/FUL Grid Reference: E:331491 N: 264052 Proposal: Erection of fence and gates Site Address: Unit 5 Presteigne Industrial Estate, Presteigne, LD8 2UF. To be considered at the 20th Jan meeting of the TC

**...from Gill at Presteigne Pharmacy.** We still have a very few flu vaccinations left for those that are eligible. Call 01544 267000 to book an appointment.

### SCAM ALERT

**...Beware of Covid vaccination scams !! that continue to circulate.** A recent text scam claiming to be from the NHS has been offering people the opportunity to sign up for coronavirus vaccinations. The text asks the recipient to click on a link which takes them to an online form where they are prompted for personal and financial details. Cold calls have also been reported where the scammers are asking people to pay for the vaccine over the phone. If you receive one of these calls, hang up immediately. Residents are being reminded that coronavirus vaccinations will only be available from the NHS and are completely free of charge. You will not be asked for any bank or card details in exchange for a vaccine. *[ed. If you receive any text message you think is a scam or spam you can forward it free to OFCOM on 7726].*

### THANKS

**...from Presteigne Primary School.** We have been talking to the PTFA and decided that, as we can't plan events at the moment, it would be a good idea to bank all the money they've raised over the past year. When we added up all the various pots to pay the money in, it came to a fantastic £578.21! Thank you so much to all the parents and friends who help us in this way. We will be investing the money in things like the extra IT equipment that's so important for the children right now.

### UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET *(local businesses are still adapting to changing circumstances - so check information on websites/Facebook pages)*

**...from Leon's Food to Order - menus here:** <https://mailchi.mp/81948087b240/leons-food-to-order>. Order our Thai meets Indian Curry from the online menu and get a free portion of aromatic jasmine rice. Order online or phone 01544 262164 on Monday, Tuesday and Wednesday and collect between 9 am and 5.30 pm on Thursday, Friday or between 9 am and 4 pm on Saturday. Plus...large white polystyrene boxes with lids free to anyone who can use them. Call in or telephone the Salty Dog 01544 262824

**...from The Workhouse Gallery.** We have added a 'lockdown shop' to our website and will add more products for you to buy from home throughout the coming days and weeks. Starting out with some fun stationery sets hand picked by the team! <https://www.theworkhousegallery.co.uk/collections/lockdown-shop/products/brighten-up-your-desk-set>

**...from Weobley Ash Meats.** We have a local delivery service and a national courier service. Meats cut to size, fresh or frozen. Call 01544 598120 or email [shop@weobleyash.co.uk](mailto:shop@weobleyash.co.uk)

**...from East Radnor Leisure Centre.** In line with the Welsh Government update this afternoon (08.01.2021), our facilities in Wales will remain closed. Our COVID guarantee means that

members who pay annually or by direct debit for membership, including swimming lessons and those with prepaid bookings will not lose out. There is no need for you to do anything, more information is available here: <https://bit.ly/3bkzv4H>. As outlined previously, we'll be in touch to provide notice on any future payments and reopening information as soon as we have a confirmed reopening date. Stay safe, we look forward to seeing you soon.

**...from Rose Cottage Flowers & Café.** Here is next Friday's menu for takeaways, the day service menu for next week is liver and bacon casserole, turkey chestnut and cranberry pie, cobbler topped fish pie, and roast chicken with all the trimmings plus desserts each day. Thanks to everyone who ordered this week making it one of the busiest so far.

**...from Wild Thyme Italian.** See our FB page for our new takeaway menu for the coming weekend. Call 07854 428668 to place your orders by 10am on Wednesday and Thursday for collection (between 6 and 7pm) on Friday and Saturday.

**from Presteigne Tyre Services Ltd.** During this third lockdown we will remain open for any vehicle issue that is classed as essential such as MOT test, flat battery, tyre punctures etc. Please help us to stay open by remembering : HANDS – Sanitise hands when entering our reception. FACE – Wear a face covering at all times to protect yourself and our staff. SPACE - 2m social distancing. And please consider if your issue is important. If is not then help the NHS and stay at home. We are taking all safety precautions to be Covid Secure so please ring to make an appointment first. Thank you and Stay safe. Nigel & Jackie 01544 267240

**...from Bea's Care Services.** Still looking for someone to care for your loved one? Give me a call. Telephone 07816 370853

**...from Rose Cottage Flowers & Café.** Carla is now doing a limited flower delivery service please ring 07903778645 for more information

**...from The Retreat.** The New Year's Sale runs throughout January, or until stocks run out! Please call or email if you would like to arrange local delivery or collection from The Retreat, [marian@silvanmassage.com](mailto:marian@silvanmassage.com) or 07816 981454. Or I can post with 2nd class postage added.

**...from The Stag Inn.** Our restaurant might not be open this Valentine's Day, but you can still treat your special someone to the full Stag experience. We're offering a three course menu to cook at home, with collection available on 13 & 14 Feb. Order yours here <https://www.thestagg.co.uk/product/valentines-at-home/>

**...from Aardvark Books.** Unfortunately we have to close to the public from today owing the National lockdown restrictions. But! We are still working online behind our closed doors and are available by phone, email or website as before. So if you have book needs, get in touch! Tel. 01547 530744, [www.aardvark-books.com/shop](http://www.aardvark-books.com/shop)

## **DATES FOR YOUR DIARY & OTHER INFORMATION**

**...from Powys CC.** The ERF Sector Specific Support package opens at 12pm on 13 Jan. It's targeted at Hospitality, Tourism and Leisure businesses who have been greatly impacted as a result of the restrictions. Find out more and check eligibility <https://crowd.in/Wxy3Jw>

**...from Presteigne Freegle/BBC.** Starting Monday 11th January, Primary and secondary school lessons and programmes will start to be broadcast on TV - on BBC2 and CBBC - as well as on iPlayer, with additional content online <https://www.bbc.com/news/education-55591821>. The BBC is helping school children keep up with their studies amid the latest lockdown to control Covid-19 in the UK. Here's how: ONLINE - learning resources for children of all ages can be found on the BBC Bitesize website. ON TV - programming for primary school pupils will be on CBBC between 09:00 and 12.00 every weekday. Programmes for secondary school pupils will be on BBC2, between 13:00 and 15:00. ON RED BUTTON - the Bitesize Daily lessons will also be shown on the Red Button service on TV. ON iPLAYER - all episodes will be available on catch-up, on demand on iPlayer. For children studying in

Welsh , there is bilingual support on the BBC Bitesize website, with activities to support home learning. Go to the "change language" button and select the Welsh language to access it.

**...from the Leg Club.** We hope all of our Leg Club members are keeping well and safe. Remember if you need anything with regards to your legs you can ring us on 01547 521270 which is our District Nurse office. Leg Club remains closed until further notice. On a happy note our nurses have been busy helping fight COVID 19 by vaccinating local care home residents.

**...[ed. just been made aware of this] the Hollie Guard smart phone app.** To anyone who thinks they're being stalked, and everyone who has kids old enough to have mobile phones. If they are walking home alone, maybe in the dark, they can switch the app on and you can track them. The app, which is free to download and to use, sends a video and a message to emergency contacts when it is activated and the phone shaken, so your friends and family will know that you're in trouble.

**...from Presteigne Freegle/Dog's Trust.** Fear not responsible dog owners of the UK... we are now selling our Dogs Trust poo bags on Amazon!... Not only are they big and strong, they are biodegradable and recyclable too! Shop here <https://amzn.to/3hTz5n6>

**...from Powys CC.** The census happens every 10 years. Each household in our area will be asked to take part. Find out more about what this means for you at [www.census.gov.uk](http://www.census.gov.uk).

**...from Presteigne Freegle. FREE TREES** for schools and community groups! <http://ow.ly/WyLj50D3DQJ> #YearOfTheTree. Order now for delivery March 2021 on FB via @WoodlandTrust

**...the new PAVO Health & Wellbeing Bulletin is out - view the newsletter here** <https://mailchi.mp/pavo/healthwellbeingbulletin120121?e=4be6b4aa0d>

**...from Freedom Leisure.** Just because you can't workout at the gym at the moment, your workouts shouldn't stop. It's more important than ever to get your heart racing and your body moving – wherever you may be. Join us every Wednesday for free home workouts. Try this great strength workout today: <https://bit.ly/2L206sw>. Always warm up first.

**...from the Welsh Blood Service.** Donating blood, platelets or plasma is still essential travel. Lockdown restrictions do allow donors to travel to attend a pre-booked donation appointment. Book your lifesaving appointment today: [www.wbs.wales/app](http://www.wbs.wales/app)

## LOCAL JOB OPPORTUNITIES

**...from Castle Ring Oak Frame. We're looking for a timber framer.** Want to know more? Take a look at our website to get an idea of who we are and the kind of work we produce <https://www.castlingoakframe.co.uk/>. It's a tough job not suited to many, and you'll need to be creative and practical, self-motivated and hardworking, good at maths, ultra reliable, independent and pretty damn good at everything and anything. In return you'll get some truly excellent training and the opportunity to develop amazing skills whilst working in a gorgeous setting. If this could be you, please get in touch for a chat. Contact details on the website.

**...from Powys Teaching Health Board. We need a Temporary Staffing Unit Administrator.** Band: 3, Location: Bronllys Hospital. Closing Date: 18/01/2021. <https://www.jobs.nhs.uk/xi/vacancy/916331441>. If you are looking for an exciting new chance to make a difference, working in a flexible environment, there is a fantastic opportunity to join our temporary staffing unit for 6 months. Interested - contact [powys.tsu@wales.nhs.uk](mailto:powys.tsu@wales.nhs.uk) or tel. 01874 712557

**...from Avara Foods, Shobdon.** Looking for part time work? Want to earn a minimum of £170 a week? We have a position available at our Shobdon Hatchery for a Cleaning Operative. Interested? email your CV to [agriculturejobs@avarafoods.co.uk](mailto:agriculturejobs@avarafoods.co.uk) to find out more.

**PACDG - the Presteigne Area Community Development Group ... "Working together for the Community"**  
**If at any time you decide not to receive further PACDG emails, contact us on [news@pacdg.org](mailto:news@pacdg.org) with REMOVE in the subject line & we'll immediately take you off the mailing list.**