## Community News

Issue 108 mid-September 2019

an information service from PAC - the Presteigne Area Community Group

You are receiving this email because you asked to receive the Community News and be kept informed about PAC activities. If at any time you decide not to receive further PAC emails, just contact us on <a href="mailto:packgoogleicloud.com">packgoogleicloud.com</a> with REMOVE in the subject line and we'll immediately take you off the mailing list.

## Saturday 21st September sees the opening session of Presteigne REPAIR & Skill Share between 10.30am and 12.30 in the Youth Centre (Old School) on Hereford Street.

Presteigne Repair & Skill Share exists to stop usable stuff from going to landfill. Bring along a broken item, get it fixed and learn new skills - for free! Presteigne Repair & Skill Share starts Saturday 21st September, then monthly on the third Saturday in the month at the Youth Centre, Hereford Street, Presteigne. This is a FREE event & everyone is welcome. Presteigne REPAIR & Skill Share is a group of volunteers who fix items for free. We want to reduce landfill, share skills, and save people money. If you have small household items that need fixing bring them along, stay and watch to see how it's done and, if you are good at mending things, come & help out. We can mend small household items such as toasters, hairdryers, vacuum cleaners, do sewing, patching & mending of clothes, and repair broken ornaments, toys & small furniture - chairs, tables, lamps. Repair Café Wales is the organisation helping to set up these regular events all across Wales, and the idea is spreading fast - this autumn there are eleven new ones starting up. Visit <a href="https://www.repaircafewales.org">www.repaircafewales.org</a> for more information.

Freegle is 10 years old this week! (time flies when you're busy preventing waste!) and Presteigne Freegle now has over 2800 members giving - and receiving - all sorts of stuff, from hardcore to hula-hoops, sofas to sewing machines, beehive equipment to bread makers. It's amazing what appears on the site and how lots of small actions really do make a big difference ~5,000 tonnes freegled (not binned) in past year! #ChooseToReuse because it's good for people, planet and pocket! Thanks to our hundreds of passionate community volunteers and the 2.8 million people who have freegled over the past decade - together we have kept about 50,000 whopping tonnes of useful stuff in circulation instead of going to landfill, incinerators or languishing in the loft! Please encourage friends and family to join Freegle wherever they live, everything is free and our free app https://www.ilovefreegle.org makes it easy and quick to rehome unwanted stuff wherever you live in the U.K

An invitation to take part in a CLIMATE CHANGE MEETING in Presteigne & Norton....In May 2019 the Town Council acknowledged a climate emergency and formed a Working Group to look at ways to make a difference in Presteigne and Norton. As one of the first steps the Town Council has arranged a meeting to hear a presentation from Renew Wales and to bring interested parties in Presteigne & Norton together to take action on this vital issue. WHEN: WEDNESDAY 9TH OCTOBER 7.30PM ATTHE ASSEMBLY ROOMS (UPSTAIRS)

Please attend if you can and pass this invitation on to others who may be interested. All welcome. RSVP would be helpful via the contact details above. We all now know that scientists overwhelmingly agree that human activity is dangerously warming the earth. We also know that global warming is a dangerous reality, one that will increasingly touch our lives, those of our children and grandchildren, and many of the poorest people on our planet. Serious consequences can already be seen in the form of floods, heatwaves, more violent storms and the rise of sea levels. By taking some time to discuss what can be done, to share ideas for reducing our own energy consumption and to explore some thoughts for living more sustainably we could find ways we can make a difference. Regards, Tracey Price, Town Clerk email: <a href="mailto:pntc@hotmail.com">pntc@hotmail.com</a>, telephone: 01547 52857

**Volunteers needed - can you help to organise a Community Apple juicing this Autumn ????** Please call/text Emma on 07730 181413

The Judges Lodging presents an exhibition of paintings by Matthew Wood, artist in residence. Open now until 26th October. A free exhibition of the paintings Matthew has been producing over the last year - our beautiful building captured by a fabulous artist. All paintings are for sale. And to coincide with the exhibition, Matthew is also offering two more 1-day courses on working with Gouache -Saturday 28th September and Saturday 12th October. For full details and to read Matthew's thoughts on his time as artist in residence see our website <a href="http://www.judgeslodging.org.uk/events/matthew\_wood\_-">http://www.judgeslodging.org.uk/events/matthew\_wood\_-</a> artist in residence/
Why not also come and have a look at our lovely new gift shop, and try our Pop-up Welsh Tea Room!

Come to the Royal British Legion Social Club on Friday 27th September for the World's Biggest Coffee Morning in aid of Macmillan Cancer Support. 10am - 12noon. This year, local lady Shelley Whiffen will be having her head shaved for Macmillan. Join us for coffee, cake and to watch the head shave!

## Press Release about Two Awards for The Warden Volunteers at Presteigne.....

For the second year running the team of dedicated volunteers who look after the Warden have won a Green Flag Award. The Warden Guardians Foundation Volunteers take great pride in maintaining this much cherished spot and promoting community involvement through schools and groups such as the Scouts, ensuring that a sense of ownership is passed on through the generations. Some areas are managed for nature, to encourage the birds, animals and insects, with wooded areas, open glades and quarries reclaimed by ferns and flowers, merging seamlessly.

Following the photos for the Green Flag Award and much to Heather Lewis's surprise, Cllr Beverley Baynham, Chair of Powys County Council, then presented Heather with a 'Silver Kite Award' for her outstanding work in volunteering, much to the delight of those around her. Five years ago Heather took over as Chair of the Warden Guardian Foundation and has led by example the team of hard working volunteers. Heather has been responsible for overseeing the restoration of the railings around the Warden and could be seen daily painting them. As well as looking after the Warden, Heather took her team of volunteers to help the Town Council look after the Ligné Garden on Went's Meadow and the area alongside the leat in Lower Went's meadow. Recently she has taken it on herself to integrate the old reservoir, gifted to the Town Council by Welsh Water, into the Warden. As well as creating access, she has also researched and prepared a series of information boards telling the history of the reservoir. Despite her recent illness she has remained undaunted and has continued with the great spirit and enthusiasm that makes her efforts so worthy of recognition. Following the presentation Cllr Baynham treated everyone to a well-deserved cup of tea and cake at the Hat Shop.

.....'The Town Council congratulates Heather on her well-deserved Silver Kite Award and are very grateful for the fantastic work she has done in opening up and explaining the history of the Town's first water supply'.

**Daphne's opening hours** (following the Presteigne Festival) are now Thursday & Friday 5 to 10pm, Saturday 12noon to 10pm, Sunday 12noon to 9pm serving pizza, olives, salads, cider, beer, juices & ice cream.

Always wanted to learn Welsh? - start your Welsh journey here in Presteigne on Thursday 26th September, when Welsh Classes for Beginners start in The Assembly Rooms, then every Thursday evening, from 6.30 to 8.30pm. Learn Welsh from the beginning in a relaxed environment in classes arranged by learnwelsh.cymru. Improve employment opportunities - support your children (or grandchildren) while they learn - or just learn for fun - embrace the language and the culture! Just £90 for the year buys you 30 weeks of tuition, every Thursday evening. For more info visit <a href="http://learnwelsh.cymru">http://learnwelsh.cymru</a> or call 0800 876 6975

**Have you visited the newly refurbished PNCS Charity Shop?** Presteigne and Norton Community Support would like to thank Presteigne Carpets, Presteigne Building Supplies and Beaumont Electrical Services for their generous support in the recent refurbishment of our Charity Shop in the High Street.

**EAST RADNOR RAMBLERS - WEEKDAY WALKS - September 2019**. All walks start at 10.00 unless stated otherwise:

<u>Wednesday 18 September</u> - The two Clee Hills, Linear Walk. 10.30 start. Please let leader know you will be coming. 8 miles Moderate. Exp 203 SO 593776 Car park at top of Titterstone Clee Hill (3 or 4 cars to be left at top of Brown Clee). Peter 01584 873467, 07964 929536

<u>Thursday 19 September</u> - Short Walk. Monaughty/ Black Hill circular. 4 miles Moderate. Exp 201 SO 239687 Layby off A488. Ron and Jane 01547 520183, 07896 223014

<u>Wednesday 25 September</u> - From Wye Valley up Milton Hill and return. 7 miles Moderate . Exp 201 SO 243473. Start at Rhydspence. Park in lay-by, not pub car park. Wendy 01568 612556

**Like to sing ? Presteigne Pop Choir meets most Thursday evenings in the Youth Centre (Old School) on Hereford Street.** We're a relaxed informal SATB choir, 25 strong, of all ages and ability, singing pop songs from the 60s to the present day, and we put on several performances a year in the local area. **New singers are always welcome - but we could use a few more tenor/baritone voices at the moment!** If you enjoy singing and can hold a note, call John Hymas 07969 440183 or email <u>john@johnhymas.com</u> for information.

Coming soon to the Wilson Terrace Play Area - a musical play panel and noughts and crosses panel provided through a £2082 donation from the Playground Mums and a £250 top up donation from the Town Council. Purchased by the Town Council and installed with the help and agreement of Powys County Council. Thank you to Cllr. Beverley Baynham and Officer Steve Gealy for enabling this to happen on the Powys Council site. More exciting news on the playground very soon....... (Tracey Price, Town Clerk PNTC)

Especially good news for the ERDC....both the East Radnor Day Centre and its East Radnor Home Support service, so popular and essential locally, are to receive continuing support from Powys County Council. Indeed the PCC has asked the Day Centre to continue to deliver and develop the Home Support service it has established so successfully in and around Presteigne and Knighton, until March 2021. The ERDC sends congratulations and heartfelt thanks to all the staff and volunteers involved in these vital services run by this local Charity - which also needs our continuing support. Visit <a href="www.erdaycentre.org">www.erdaycentre.org</a>, email <a href="mailto:admin@erdaycentre.org">admin@erdaycentre.org</a> or call 01544 260267 for further information on Day Centre or Home Support services.

Can you help Samaritans??...every 6 seconds, Samaritans responds to a call for help from someone who is distressed, desperate or suicidal. The Powys branch in Llandrindod is one of over 200 branches where volunteers respond to these calls by telephone, text, email or face-to-face. Our volunteers are ordinary people who have been selected and trained and are prepared to give just 4 hours each week to work in our operations room beneath the Samaritans shop in Llandrindod. It can be very challenging work but it is intensely rewarding to know you may have helped to turn someone's life around. Would you like to join us? You can choose shift times to suit your circumstances and travelling expenses are paid. We never work alone so you'll always have support on hand. To find out more, email volunteers@powyssamaritans.org.uk or call us on 01597 822911 giving your name and an email or postal address so we can send you more information and an application form. If you know of anyone who might need our support then they can telephone FREE on 116123 any time day or night, or email jo@samaritans.org.

Food Bank.....our communities have always supported our local Food Bank and the need is still

**there** as individuals, e.g. those having to wait to receive benefit payments, are still being referred to it for urgent help, if only on a temporary basis. **Please leave your donations with Presteigne Spa.** The Presteigne branch of the Food Bank operates every Thursday 10 to 11.30am at the Baptist Church, Hereford Street. Contact the Manager, Helen Anderson, for more information on 07731 524058 or email <a href="mailto:helen@knightonfoodbank.co.uk">helen@knightonfoodbank.co.uk</a>

## **LOCAL EVENTS IN THE 2nd HALF OF SEPTEMBER**

<u>Monday 16th September</u> - Presteigne YFC New Members Evening. 7.30pm in the Memorial Hall. Join us for an evening of fun and games!!

<u>Wednesday 18th September</u> - Coffee morning at The Hub, New Radnor. <u>9.15-11.3am</u> all welcome. <u>Friday 20th September</u> - "Tom Jones - Reloaded!" at the PSAFC Clubhouse, Llanandras Park. Doors open and entertainment from 7.30pm - live on stage 9pm. Tickets £10.

**Friday 20th September** - **Presteigne Screen presents "Leave No Trace"** PG. 8pm The Assembly Rooms. Coming of age with a difference: a father and daughter survive on their know-how in the verdant forests of Oregon's Pacific north west while trying to keep one step ahead of the authorities. Will (Ben Foster) is an exmilitary vet suffering from PTSD, while his teenage daughter Tom (Thomasin Harcourt McKenzie) stays touchingly loyal to his isolationist way of life. When, eventually, they are caught and forced to live within four walls, they're subjected to often absurd tests by protective and well-meaning officialdom. The adolescent Tom then tentatively embraces a more typical social life as her father shrinks psychologically in this deeply affecting & poignant film.

<u>Saturday 21st September</u> - Table Sale & Coffee Morning at the Royal British Legion 10am to 2pm. A fundraiser for RBL. For info call Paul on 07949 964690

<u>Saturday 21st September</u> - Repair Presteigne starts in the Old School (Youth Centre) - see item above) Saturday 21st September - St. Andrew's Coffee Morning in the Church Hall, Presteigne 10.30am to 12.30. Come and enjoy a hot drink and cake, and friendly company. The volunteers welcome donations of cake for sale, and items for the Raffle

<u>Thursday 26th September</u> - Welsh for Beginners (see item above)

<u>Thursday 26th September</u> - Games Night at The Hub, New Radnor 6.30pm all welcome.

<u>Friday 27th September</u> - annual Macmillan Coffee Morning (see item above)

<u>Saturday 28th September</u> - "Handel's Opus VI Explored" - a selection of Concerti Grossi performed by The Marches Baroque Orchestra at St Andrew's Church, Presteigne. 7.30pm. Handel's so-called Twelve Grand Concertos are for a concertino trio of two violins and cello with ripieno (two violins, viola and continuo). Within the collection, Handel gives full rein to his compositional styles including trio sonatas, operatic arias, French overtures, Italian sinfonias, airs, fugues etc. etc.! To apply, click <u>here</u> for the application form.

<u>Saturday 28th September</u> - Macmillan Tea Party at Lingen Village Hall 3 to 5pm. Cake, coffee and a good giggle - have your cake and eat it! Every penny we raise means Macmillan can help more people with cancer live as fully as they can - please join us!

<u>Saturday 28th September</u> - Evancoyd PCC invites you to a Ceilidh in Evenjobb Hall 7 to 9.30pm. A fun evening - no previous experience required!! Refreshments. Entry £5 (<16s free). A fund-raiser for the organ.

If you have any questions on what's happening – or not happening – in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction – simply email <a href="mailto:pacdg@icloud.com">pacdg@icloud.com</a>.

We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) – email text (not poster images please) at least 3 weeks in advance to <a href="mailto:pacdg@icloud.com">pacdg@icloud.com</a>.

The Community News is published twice per month. Feel free to tweet or forward this issue to others.