

Community News

Issue 111 end-October 2019

an information service from PAC - the Presteigne Area Community Group

You are receiving this email because you asked to receive the Community News and be kept informed about PAC activities. If at any time you decide not to receive further PAC emails, just contact us on pacdg@icloud.com with REMOVE in the subject line and we'll immediately take you off the mailing list.

We'll be planting daffodil bulbs around the town again next week (probably 7th or 8th November but it depends on the weather of course !). We have a couple of large bags of local variety bulbs kindly donated by the Town Council but other donations will be very welcome, also of cowslips, primroses etc. But

mainly we need a few more volunteers to help with the planting. It'll only take an hour or so on one day. If you haven't already contacted us this year to volunteer, please text/call 07766 097600 or email pacdg@icloud.com.

The PAC Community Groups Fair on Saturday went ahead despite the incessant rain, although given the flooded roads and soggy pavements, many people understandably opted to stay warm and dry at home. However, apart from PAC and the Town Council, 38 local organisations from a variety of fields - environmental, sporting, hobby, community, social, support, religious etc - braved the rain and flooded roads to set out their stalls to raise awareness of what they do, recruit new members or volunteers, and raise funds through sales, raffles and competitions. Little People's Playgroup provided lovely food and refreshment throughout the day raising useful funds for Playgroup, and Pop Choir and Whitton Voices entertained. The underlying theme of the Fair was How to Deal with the Climate Crisis, and many groups had really embraced the idea and come up with practical and innovative suggestions to help us all to do our bit to combat this crisis. The Fair proved that Presteigne is full of dedicated people committed to tackling the climate emergency, and has given us all food for thought about how to take this forward as a community.

If you want more information on all the 100+ clubs, organisations and groups active in our community, please see the **PAC Register of Local Community Organisations** on the Town website using this link <http://www.presteigne.org.uk/local-organisations>

...don't miss PRESTEIGNE FIREWORKS this Saturday evening 2nd November, hosted once again by Sheep Music. This year's theme will be linked to the 50th anniversary of the first man on the moon. The parade will leave the Recycling Centre at 6.15 pm with fireworks at Went's Meadow at 6.45 pm. The evening runs from 6pm to 11pm and will include another of Pete Smith and team's fantastic firework displays, the customary awesome fire sculpture built by Owen Rimington and his helpers, followed by live music and dancing to the wonderful Fight the Bear. A licensed bar and tea & cakes stall will be available, together with hot food from Weobley Ash and a fish & chips trailer. As always with a Sheep Music production, the event is very much rooted in the community and we hope will offer something for everyone, young and old alike.

...and if Bingo is your thing, don't miss the PBC Bumper Prize and Cash Xmas Bingos run by David this month in the Memorial Hall. These will be on every Saturday night in November starting on the 9th, then 16th, 23rd, and finishing on Saturday the 30th. Massive selection of prizes. Doors open 6.45pm for eyes down 7.30pm. Pay at the door...but get there in good time !!

If you have or are applying for a Welsh Concessionary Travel Pass ('Bus Pass') please note you can travel **FREE** on the Heart of Wales Line between October 1 and March 31 (and also three other routes in North Wales). The Heart of Wales Line takes in some of the finest scenery in mid-Wales, including the 259 m long Cynghordy viaduct and the 250 m high (Carmarthenshire) Sugar Loaf. You can travel **FREE** between any two of

these stations: Swansea, Gowerton, Llanelli, Bynea, Llangennech, Pontarddulais, Pantyffynnon, Ammanford, Llandybie, Fairfach, Llandeilo, Llangadog, Llanwrda, Llandoverly, Cynghordy, Sugar Loaf, Llanwrtyd, Llangammarch, Garth (Powys), Cilmeri, Builth Road, Llandrindod, Pen-y-bont, Dolau, Llanbister Road, Llangynllo, Knucklas, Knighton, Bucknell, Hopton Heath, Broome, Craven Arms, Church Stretton, Shrewsbury.

NB. You cannot travel on journeys wholly between Shrewsbury and Bucknell, and Llanelli and Swansea (this is presumably to prevent eligible people having free commuting between these destinations!).

You'll need to get a free ticket from the ticket office before you travel. If there is no ticket office or if it's closed, you can get one from the conductor on the train. Pick up a time table for Heart of Wales line (valid until 14/12/19) or routes/times on line. **NB. The current Concessionary Travel Pass expires on 31 Dec 2019.**

[This information was put out by Andy Leavis on the Presteigne History Project Facebook pages and originates by Bob Grainger - thank you both !]

Rhiannon says there will be a Drop-In Session to help obtain a new Travel Pass at the Library on the 12th of November from 2 until 4.30pm. As mentioned in the last issue, **you can renew your old travel pass at the PNCS Office in the High Street** where, if they can, it will be renewed while you wait.

A DATE FOR YOUR DIARY...."Terror on the Tracks" on Friday 22nd November in the Judge's Lodging !

We are so excited to be welcoming the acclaimed 'Don't Go Into the Cellar' theatre company to our building once more, with a selection of tales of 'terror on the tracks'. Journey back to the days of steam, where untold menace could be found lurking in the tunnels, set to leap out of the darkness to ensnare the unwary! An original stage adaptation of Charles Dickens' "The Signal-Man" and other tales of menace and melodrama are the bill of fare on offer to those brave enough to join us. All by the atmospheric flicker of gaslight, oil and candle - you get to see our huge Christmas tree too and sample some festive light refreshments, so it really is a great night out! Full details and how to book, see our website http://www.judgeslodging.org.uk/events/terror_on_the_tracks/ . Call 01544 260650 or email info@judgeslodging.co.uk for tickets. £12.

East Radnorshire Day Centre - Home Support Job Vacancy. The East Radnorshire Day Centre operates the East Radnor Home Support Service and due to expansion within the current service we wish to appoint a Home Support Worker.

Based in Presteigne; the service covers Presteigne, Knighton, Llangunllo, New Radnor and surrounding areas. You will be required to visit people within their own homes to offer support and assistance with a variety of different issues to enable and support independent living. Please note no personal care is involved as it is not a care agency role. A confident; friendly personality, and the ability to communicate with service users, general enquiries and professional bodies is essential. You will need to be comfortable using a computer and there is some admin attached to the role, but full training will be given.

Hours of work are 26hrs per week. Days can be flexible in agreement over Monday to Friday, but working Wednesdays is a requirement. On Call shifts are available to cover the out of hours emergency response. Driving licence is essential and use of own car is desirable. You will be working with elderly vulnerable adults and a DBS check is a requirement. To start ASAP, contracted until 31st March 2021.

Please telephone or email Cathy Gwilt on 01544 260267 or admin@erdaycentre.org for an application form.

PRESTEIGNE LOCAL FOOD MARKET Saturday 2nd November 9 - 1pm Memorial Hall

Whilst both Market and its customers enjoy seeing both regular and favourite producers each month it is heartening to be able to welcome new ones. The quality of food that is brought to the Memorial Hall each month must be spreading as there are still new artisans who are both enquiring and joining.

The Market occasionally welcomes traders who will have a more seasonal interest for customers. This month Sabina Ruber will be bringing a lovely selection of tulip bulbs.

Many gardeners will have seeds tucked away for the Spring. Please think about setting some of them aside for the Seed Swaps at the February, March and April markets. It is something that can be done to help the environment, by promoting biodiversity. If you have any seeds, especially heritage or rare, please keep them ready to bring to the Spring Markets, to share or exchange with others. The Seed Swap is free, with any donations going to the Heritage Seed Library, which sponsors the Market by providing packs of rare seeds each year. Please come and see what they have sent at the February Market. The Heritage Seed Library is a registered charity and is run by Garden Organic.

Each November the Community Cafe welcomes a 'guest' organisation along. This year it is the turn of the Presteigne Cub Scouts. They will be providing their homemade cakes, teas and coffee for the Cafe customers to enjoy so please come and meet them.

DID YOU KNOW....

...Knighton & Presteigne Breastfeeding Group meets every 3rd Wednesday in The Assembly Rooms 1.30 to 3pm. They are a group of mothers trained as breastfeeding peer support workers - pop in for an informal chat over a cuppa in a safe and welcoming environment - families welcome ! Further info on Facebook.

...Age Cymru is running a new Toenail Cutting Clinic in Knighton, on the second Thursday of the month in conjunction with the Knighton & Presteigne Leg Club in the Reynolds Room of Knighton Community Centre. Caring, friendly service. £13 per appointment. Appointments only - call 01597 825908.

...Presteigne Chess Club meet every Tuesday evening in the Royal Oak in Presteigne. 7pm. All abilities welcome, tuition available. Contact Dave Hancock 01544 598416 / 07711690335 or Jim Thomas 01544 388416 / 07419 211432.

...Bandamania welcomes new members - they are a rural community orchestra playing traditional dance music from around the world. Just bring an instrument and play. They meet on Mondays in The Assembly Rooms 7.15 to 9.30pm. Call or text 07794 441673 for more information.

...Maggie runs Slimming World classes at the British Legion Social Club at 6.30pm on Wednesdays. Call 07788 460494 for information.

...The Stroke Association runs the Neuro Café on the 1st and 3rd Tuesdays of the month in Knighton. From 10.30 to 12.30pm at the Community Centre, Bowling Green Lane. If you live with the effects of a stroke or any neurological condition such as MS and Parkinsons, or have had a brain injury, then come along to meet people with similar experiences, gain mutual support or just a friendly chat.

...ShropDoc GP out-of-hours service and NHS Direct Wales now share an easily remembered number 111. It's free and will help you find the right advice, support and treatment.

...If you have a dental emergency but are not registered with a local dentist, you can get help from Powys Teaching Health Board. Ring NHS Direct on 0845 4647 (or 111) who will assess the nature of your emergency and inform you of the nearest centre (you may have to travel to Newtown or Llandod).

LOCAL EVENTS FOR THE FIRST HALF OF NOVEMBER.....

Saturday 2nd November - Presteigne Fireworks (see item above)

Saturday 2nd November - Local Food Market (see item above)

Sunday 3rd November - Sally Barker & Anna Ryder are performing in the Old School Community Hub in New Radnor. 7pm. Tickets £10 (£5 students, free for children) from 01544 350559 or on the door.

Wednesday 6th November - Sharppp Chat 'Extinction Rebellion's Rebellions: Are they dangerous civil disruption or models for the future?' with Kate Bull from XR in Kington. 7.30pm in The Assembly Rooms. Donations invited to help cover hall hire costs.

Friday 8th November - LINGEN FLIX "Vita & Virginia". 12A Biography/Drama/Romance

Bloomsbury 1922 Fascinating true story about the love affair between socialite & popular author Vita Sackville-West & literary icon Virginia Woolf. £5 To reserve a seat email lingenweb@gmail.com or call [01544 267736](tel:01544267736)

Saturday 9th November - Gather Round...and Sing for Fun with Marion Rowlatt 10.30am to 12 noon at The Assembly Rooms. Info 01544 260 466.

Sunday 10 November- Talk by Robert Pugh: Llanelly Pottery, 3pm in The Assembly Rooms. Robert's main interests have always been in things Welsh and in particular Llanelly & Swansea Pottery. He is the co-author, with the late Gareth Hughes, of Llanelly Pottery. He wrote the Towy Guide to Welsh Pottery, as well as numerous articles for local publications, including the section on Llanelly Pottery for Welsh Ceramics in Context.

The talk will be accompanied by a display of Welsh pottery. £5 The Workhouse (cash only) and wegottickets.com. Saturday 9th November- MiNR presents "Adam Khan and Michael Bochmann: Paganini for Two".

Tickets £12 (<14s £3). New Radnor Community Hall. 7.30PM. Adam Khan opened our 2018-19 season and we just had to invite him back again with a different programme. The Khan/Bochmann collaboration has performed extensively in the area but this will be their first time at MiNR, in this homage to Paganini. In a programme that will include Paganini's early guitar and violin sonatas from op.2 and the famous sonata concertante for guitar and violin, Michael will play some of the well-known and virtuosic Caprices for solo violin. The concert will also include works by Corelli and Tarrega. See more at <http://www.adamkhanguitar.com> and <https://www.michaelbochmann.com/performing.html>. Box office 01544 350268. Wine/soft drinks available at the bar.

Wednesday 13th November - Quiz Night @ The Bowls Club. General knowledge quiz with a twist. All welcome. Teams of up to 4. Just £2 pp. 7.30pm for 8pm start at the Presteigne Bowls Social Club, Hereford Street (opp. Little Shop). Text 07766 097600 or email presteignedogman@icloud.com to reserve your table.

Wednesday 13th November - The Sidney Nolan Trust are holding the first of two special tours with architectural historian Duncan James at 2pm at The Rodd. Tours include light refreshments. Tickets £10.

Tour lasts 90 minutes. To book call [01544260149](tel:01544260149) or book online via <http://www.sidneynolantrust.org/whats-on>

Saturday 16th December - MiNR presents "The York Waits: Make We Joye Now in This Fest", Tickets £15 (<14s £3) New Radnor Community Hall. Seasonal music for Advent and Christmas by The York Waits with Singer Deborah Catterall. See more at <http://www.theyorkwaits.org.uk/>. Box office [01544 350268](tel:01544350268). Wine & soft drinks available at the bar.

Saturday 16th November - The Sidney Nolan Trust are holding the second of two special tours with architectural historian Duncan James at 2pm at The Rodd. Tour includes light refreshments. Tickets £10 each and the tour lasts 90 minutes. See earlier event above for booking details.

Saturday 16 November - MBA and The Fetch Theatre presents "The Pedlar's Tales" at The Assembly Rooms. The storyteller, Silver Joan, weaves a fantastical spell, in this show with music featuring a host of beautiful puppets. The stories, bringing past events bursting into life, have been inspired by fascinating historical documents and objects from Herefordshire Archives. The cart, pulled by a goat, also contains a 'magical' box, to collect stories from the audience. This is a highly engaging performance suitable for all ages. 7.30 pm. Adults £8, Children under 16 yrs old £5. The Workhouse (cash only) and online from wegottickets.com

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.

We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - email text (not poster images please) at least 3 weeks in advance to pacdg@icloud.com.

The Community News is published twice per month. Feel free to tweet or forward this issue to others