

Community News

Issue 116 end-January 2020

an information service from PAC - the Presteigne Area Community Group

You are receiving this email because you asked to receive the Community News and be kept informed about PAC activities. If at any time you decide not to receive further PAC emails, just contact us on pacdg@icloud.com with REMOVE in the subject line and we'll immediately take you off the mailing list.

SOME IMPORTANT COMMUNITY DATES FOR YOUR DIARY

....**Presteigne Carnival - Saturday 11th July**

....**Sheep Music 2-day Music Festival - Saturday 15th & Sunday 16th August**

....**Presteigne Festival - Thursday 27 August to Tuesday 1 September**

The first Local Food Market of the New Year will be on Saturday 1st February including the regular February Seed Swap (there was no Food Market in January). **Councillors Baynham and Bennett will also be present for the monthly County/Town Council Surgery** between 10am and 12noon - please call in if there is a local issue you wish to raise, and/or email the Town Clerk, Tracey Price, on pntc@hotmail.com.

The next SHARPPP CHAT will be on Wednesday, 5th February, 7.30pm in the Assembly Rooms

'Why is our brain in two halves ... and what difference does it make?' Maggie says "we are lucky enough to have back with us the very interesting Charles Grimes who will be leading the discussion. He will be talking about the fascinating work of neurologist Iain McGilchrist, explaining what we can learn about the way we are in the world as influenced by the two different sides of our brain." See his TED talk here https://www.ted.com/talks/iain_mcgilchrist_the_divided_brain

John D has suggested that we could do some snow drop planting around town this Spring - so can we put it into your minds that if you have thriving clumps these could be split and then replanted at locations around town. John says they are best split up and moved post-flowering, while still "in the green". If you think you can 'liberate' some snowdrop bulbs when the time is right, please email pacdg@icloud.com and we'll pass your information on to John - thanks. And if you can then help with planting, so much the better !!!

Looking for something fun and energetic to kick off your New Year? "Netball for Fun" at East Radnor Leisure Centre Presteigne could be just the thing. Tuesday mornings 9.30-10.30am with our fabulous instructor, Leanne. First try-out session is free and then just £2.50 per session after that. Don't worry if you haven't played since you were 10 - most of us hadn't and it soon came back! Don't think you're too old - we range in ages from approximately 50 up to "I'd rather not say"! Don't think you're not fit enough - we all have different levels of fitness and ability, and improving all the time (slowly!). It's also great mental exercise - and above all fun, our main purpose is to have a laugh! Come along and join the fun, or phone if you want to talk it through first - 01544 260302.

Bring Site update...the British Heart Foundation book and CD bank has finally been emptied. BHF has asked that we do not put audio cassettes in the bank, nor CD's without their sleeves, as these are not saleable and therefore useless to BHF - thanks**the two Drinks Carton recycling bins are being really well-used** and regularly emptied by ACE, which is great news!... **the clothing bins are often full to overflowing unfortunately** (sorry, Gerry keeps nagging them to empty & collect!) but, if they're full, please don't leave bags by the bins where they can get wet & damaged, drop any decent clean clothing in to the St. Michael's Hospice shop opposite the Library, or the PNCS collection box at the Warehouse on the High Street.

Been thinking about joining a choir - just go for it ! If you can sing high, Presteigne Pop Choir is looking for sopranos and wants you! - contact John Hymas on john@johnhymas.com or 07969 440183

Update on plastic bag and film recycling in Leominster and Hereford...

...from Maggie - at Morrisons in Leominster, the plastic bag recycling bin is just inside the main doors - up to now it has been just inside the 'out' door, but someone told me they had (sensibly!) moved it round to just inside the 'in' door. They will take any recyclable plastic film - i.e. stretchy film - bread bags included.

...from Chris - there are at least two soft plastic recycling bins in The Old Cattle Market car park in Hereford - one outside the Waitrose entrance and another opposite the two ATMs

Presteigne Repair & Skill Share - Saturday 15th February, 10am to 12.30pm in the Youth Centre (Old School) on Hereford Street. Bring along a broken item and get it fixed for free by our clever team of volunteer fixers. You can stay & watch, maybe even learn new skills. Anything from small electrical items: hoovers, lamps, toasters, to mending, darning, zips and buttons. Small tools, broken toys, wobbly chair legs, blunt secateurs - we'll do our best to get things fixed and stop stuff going to landfill. These Repair events aim to foster a make & mend revival, bringing people together to share skills old and new.

Do you have a compost heap ? If so the Plastic Waste Innovation Hub at @ucl invites you to help shape the future of the planet! <https://www.bigcompostexperiment.org.uk/>. Participate in the #BigCompostExperiment, the nationwide citizen science research experiment in compostable and biodegradable plastics. Does compostable packaging actually compost?

About the Experiment: "We would like you to help us investigate the role and effectiveness of biodegradable and compostable packaging. The first part of the experiment is a short survey: We want to know what you think of biodegradable plastics, what you do with them, and if you ever compost them yourself. If you do engage in composting, there is a second part to the experiment. We ask if you would place a few biodegradable plastic items in your compost under controlled conditions, and then report back to us about whether they compost or not. By taking part in our experiment, you will be helping us determine the viability of biodegradable and compostable plastics. The data we collect from you will feed into our Live Composting Map, a live map of home composting activities across the UK, and, with your consent, we will keep you up-to-date with the project as it develops. However, you also have the option to remain anonymous; we won't need to bother you again." [Click on the link above to find out how to participate via UCL](#)

Are you a Carer and would like to meet, socialise with and gain support from others in the same situation ? If so, a new Carers Group has just started up for Presteigne area residents. The Presteigne and Knighton carers groups are both new groups that have come about as an action from carers who identified there was nothing local to them where they could meet to socialise with other carers. These groups allow unpaid carers to meet, socialise, tell their story, hear stories from others and both offer and gain information and support whilst having a short period of respite. The Groups are run by Leanne Pritchard who is the Credu Family outreach worker for both areas and is funded by The Big Lottery Fund for the Connected Generation Project. **The Presteigne Carers group meets at the Presteigne Youth Centre every other Thursday between 12:30pm - 2:00pm with the first group meeting on Thursday 6th February.** If Thursday is not a good day for you, then the Knighton Carers Group meet at the Community Café held at Knighton Community Centre every other Tuesday between 10:30am - 12:00pm with the first group meeting on Tuesday 21st January. These groups are open to anybody who is an unpaid carer and are free to attend, refreshments will also be available. Leanne says 'The aim of these groups is to bring people together to promote

community development and support and to decrease isolation. We are a rural area and some carers can go weeks without any form of socialising, these groups are vital to those people'.

For more information contact Leanne Pritchard on 07976553974 or email leanne@credu.cymru

Wild Thyme are putting on a Steak Night every Wednesday starting 29th January, just £16 for steak, salad, frites and a glass of wine. Call/text 01544 267177 or 07854 428668.

Do you have an continuing interest in trying (!) to influence Powys' Local Development Plan

2011-2026 (LDP) ? The LDP was adopted by Powys County Council in April 2018. Appendix 2 of the LDP outlines an agreed programme of Supplementary Planning Guidance (SPG) that the Council intends to produce to support the LDP's policies. The Council has produced a Protocol for the preparation of its SPG which includes a Community Involvement Scheme (CIS) and explains how the public can be involved in the preparation of SPGs. The Council has started preparing the next set of SPG (Supplementary Planning Guidances) and in line with the Community Involvement Scheme, these are now available to comment on. PCC is holding a **six week public consultation from Monday 20th January to Friday 28th February 2020** and invite you to submit any comments you have on these SPGs. The three draft SPGs currently available for comment are: Archaeology - The Historic Environment - and Land Drainage and Flooding. These draft SPGs together with a FAQ factsheet can be found on the PCC website: <https://en.powys.gov.uk/article/4907/LDP-Supplementary-Planning-Guidance-SPG> or, are available in all Powys public libraries and at the Council's four main offices – County Hall and The Gwalia, Llandrindod Wells, Neuadd Brycheiniog, Brecon and Neuadd Maldwyn, Welshpool during normal office hours. Representation Forms are available at the above link which can be downloaded and emailed to LDP@powys.gov.uk. Please use the separate forms for each SPG if you want to comment on more than one. Alternatively, you can send your comments in writing to: The LDP Team (SPG), Planning Policy, County Hall, Spa Road East, Llandrindod Wells, LD1 5LG. **Your comments must be received by 5pm Friday 28th February.**

A message from Mzia about a Georgian singing Workshop later in February....I am a piano teacher originally from Georgia and am holding at my home in Presteigne a second Georgian polyphonic singing workshop on Sunday 23 February from 2.00 to 4.30 including a break for Georgian refreshments. I'll be teaching two new songs, one of which is a Georgian Orthodox Easter chant. The cost of the workshop will be £10 per head. If you are interested in participating, please let me know. Places limited to 15. Email mziag@hotmail.co.uk.

Fancy doing some basket making using rush? Claire runs courses throughout the year covering many techniques. Small groups and all levels taught. All materials and equipment included. For more information see www.rushmorebaskets.com or contact Claire at rushmorebaskets@gmail.com or 07713 514902

Or how about learning Welsh Quilting ? In February, Rosamund will be running an Introduction to Welsh Quilting at The Old School in Whitton, followed by a six-week afternoon or evening class learning to work one technique each week. Forthcoming classes - furniture restoration - rag rug - Kantha and Boro stitching (quilting traditions from India and Japan). Contact 01547 550155 or visit www.radnorshireartsandcraftsfoundation.org

Walks with East Radnor Ramblers

Saturday 1st Feb 8.5 miles from CP at Water-Break-its-Neck; Tuesday 4th Feb 4.7 miles from Gladestry VH; Wednesday 5th Feb 7-8 miles from Easthope Rd CP Church Stretton; Wednesday 12th Feb 6 miles from roadside 1 mile N of Painscastle; Saturday 15th Feb 10 miles from Bryngwyn Church.

Walks start at 10am. Everyone welcome! Under 18s must be accompanied by a responsible adult. Further information at www.ramblers.org.uk/east-radnor or from E and S Williams on 01544 260524

EVENTS IN THE 1ST HALF OF FEBRUARY...

Friday 31st January - The Vera van Heeringen Trio and Friends. New Radnor Hub 8pm. Tickets £10
01544 350407 / 01982 551116

Friday 31st January - Presteigne Screen presents "Bait" UK 2019 89 mins 15. A real rarity – a modestly budgeted black and white film delivering a five-star punch. 'Bait is a genuine modern masterpiece,' enthuses Mark Kermode. 'A film by, for, and about Cornwall, and I loved it!' When two fishermen brothers fall out over their own futures and the fate of their village, the traditions they have always lived by start to fracture. Martin is now a fisherman without a boat because brother Steven has commandeered it to satisfy the tourist trade. And their family home, like so many others, has been bought up by rich London incomers. Director Mark Jenkin's hugely authentic first feature digs deep into the changing times of a once-thriving village.

Saturday 1st February - Local Food Market (see item above) and **Council Surgery** (see item above)

Wednesday 5th February - Walton Hall are holding a Whist drive starting at 7.30pm. £3 per person.

Wednesday 5th February - Sharppp Chat (see item above)

Thursday 6th February - Inaugural meeting of the Presteigne Carers Group (see item above)

Saturday 8 February - MBA and Bowjangles presents "Excalibow" 8pm at The Assembly Rooms.

Bowjangles play furiously high-spirited, inventive arrangements as they dance like dervishes around the stage in this pacy, epic fable, that takes in elements of Lord Of The Rings, Star Wars & the Arthurian legend. The story comes with a myriad of musical references, from Flashdance to Celine Dion; from Wagner to AC/DC. Their talent is evident in every scene as they dance & play and act, all at the same time, always with virtuosity & always with an engaging sprightliness. This well-choreographed show is full of zest, action @ charisma, with more-or-less good clean family fun, and unfailingly entertaining for all. £12 The Workhouse (cash only) & wegottickets.com

Saturday 8th February - MINR presents "Mediaeval Music and Song" with Fleur de Lys. Music spanning the 12th to 16th centuries. Community Hall, New Radnor 7.30pm. £10 (<14s £3). 01544 350268

Friday 14th February - Presteigne Screen presents "Amazing Grace". USA 2019 89 mins U. A glorious tribute to the late, great Aretha Franklin, recorded in 1972 but only released in 2019 in the wake of technical and legal difficulties. But it's here now, so let's celebrate the queen of gospel and soul's two-night gig at the New Temple Missionary Baptist church in Los Angeles. The film was directed by Oscar-winner Sydney Pollack (whose inexperience with recording live music caused the technical problems) and the only disappointment now may be that this 89-minute edit isn't a great deal longer. The intimacy of the church setting and the emotional power of Aretha's performance, supported by the Southern California Community Choir, reduce one and all to tears.

Friday 14th February - Lingen Flix 'DOWNTON ABBEY' the film (PG) Drama/romance. The Crawley family and their intrepid staff prepare for the most important moment of their lives. A royal visit from the King and Queen of England will unleash scandal, romance and intrigue that will leave the future of Downton hanging in the balance. Written by series creator Julian Fellowes and starring the original cast. Lingen Community Hall. Entry £5. tel. 01544 267736 email lingenweb@gmail.com

Saturday 15th February - Presteigne Repair & Skill Share (see item above)

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.

We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - email text (not poster images please) at least 3 weeks in advance to pacdg@icloud.com.

The Community News is published twice per month. Feel free to tweet or forward this issue to others if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.