

Community News

Issue 129 March 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together"

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on pacdg@icloud.com with REMOVE in the subject line & we'll immediately take you off the mailing list.

Editor's Note... so much has changed in the last week and is still changing as everyone adjusts !

- **Please contact us if you see or hear of anything that will be of help to other residents - better we receive it twice or three times than not at all ! email pacdg@icloud.com**
- **and if you're self-isolating or need assistance in any way, you can also email pacdg@icloud.com and we'll pass on your message to people who can help.**

NHS Volunteer Appeal in Wales. It's become clear that the widely-publicised and very successful NHS GoodSam Volunteer appeal applies only to people living in England. That could be a complication in border areas like ours. Have you tried to volunteer through GoodSam but been rejected because you have a Powys postcode even though you're on the English side of the border ? Please let us know.

A Welsh Government spokesman said "Councils will coordinate volunteer input for those people who want to volunteer. That information will be shared with the voluntary sector and indeed the NHS". **In Powys, willing volunteers can register on the Volunteering Wales website www.powysvolunteering-wales.net.** The Powys Association of Voluntary Organisations (PAVO) is co-ordinating formal health and care volunteering opportunities identified by Powys County Council and Powys Teaching Health Board on behalf of the Community Sector Emergency Response Team (C-SERT) which has been set up to respond to the COVID-19 pandemic in communities in Powys.

For more information please go to: <https://www.pavo.org.uk/coronavirus.html>

Information for self-employed residents from a local accountant:

"This is what we know about the new self-employed income support scheme announced yesterday:

- An 80% **taxable** grant based on the average monthly profits over the last 3 years up to £2,500
- Initially available for 3 months
- Can claim this and continue to work
- Only for those with trading profits up to £50,000
- Majority of income must come from self-employment
- Have to have been self-employed for the tax return 2018/19
- If you haven't filed your tax return for 2018/19 you have 4 weeks to submit
- No need to apply as HMRC will contact you directly using existing information to check potential eligibility
- Grants will be paid in a single lump sum covering all 3 months starting to be paid beginning of June
- For help right now you can claim Universal Credits and immediate payments are being made
- Directors of Limited Companies who are paid a salary and dividends do not qualify but will be covered for their salary by the Coronavirus Job Retention Scheme"

(Editor's note: This guidance has been given in good faith by a local accountant - thank you Elsa - but it will be a few days until the official guidance on this is published, and self-employed people should check requirements and procedures with their own accountant.

A message from BRITISH GAS. We need to ask for your help so we can be there for our most vulnerable customers and look after our employees during the current coronavirus outbreak. So for now, **we can only help with prepay meter issues or emergencies (e.g. no heating or hot water).** Please don't contact us about anything else. If you do, we've asked our customer service advisers to politely explain that we can't help right now. We wouldn't normally do this, but we need to make sure our customer service advisers and engineers are there for those in the greatest need. We really hope you'll understand. Of course, you can still find [answers to questions](#) and [manage your account](#) through our website or app.

Free Daily Resources For Children



PE with Joe Wicks On YouTube

Week days at 9am but you can visit any time on youtube to view the workout.

Wildlife With with Steve Backshall On Facebook

Every day at 9:30am for answering all your wildlife, biology, conservation, geography and exploration questions.



Science with Maddie Moate on YouTube

Weekdays 11am. Maddie & Greg chat about science and nature!

Dance with Oti Mabuse On Facebook

Every day at 11.30am but children can view the class at any time.



Maths With Carol Vorderman

Free access to the her maths website:
www.themathsfactor.com

Music with Myleene Klass on YouTube

Twice a week. Next one Friday 27 March 10am, but can view any time.



Storytime With David Walliams

Free story everyday at 11am on his website:
www.worldofdavidwalliams.com

The **National Theatre** has announced a project that will see its National Theatre Live collection of filmed live productions streamed for **free** on YouTube, beginning with Richard Bean's One Man, Two Guvnors.

National Theatre At Home will see a different NT Live film streamed live on YouTube for free every Thursday from 2nd April for the next two months, with each stream available on demand for the next seven days.

A host of accompanying content, including Q&As, interviews and post-stream talks will also be made available.

The current confirmed schedule is as follows:

- 2nd April: One Man, Two Guvnors
- 9th April: Jane Eyre
- 16th April: Treasure Island
- 23rd April: Twelfth Night (starring Tamsin Greig)

Further productions are set to be announced in due course.

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET (things are still changing every day - sorry ! - so if you have access to the internet, please check websites or Facebook pages)

... from BW Roberts Garage. Just the garage, not the forecourt, will be closed from Tuesday March 31st. If your car breaks down and you are a key worker needing it for work, please call 01544267365. Bryn will try his best to get you up and running again. This may not be easy as many of our parts suppliers are closing too - we can but try! The forecourt will remain open as normal on Saturday 9 - 1pm, and Monday 8.30 - 1pm, and 2 - 6pm.

We will then be running reduced hours from Tuesday 31st. These will be 10am - 4pm weekdays and 9am - 12pm Saturday. We will not be closing for lunch in the week. These times may be subject to change as this is a bit of a learning curve! Thank you everyone for your patience in these rapidly changing times.

...from Emily George: I am a local dance and fitness instructor and am posting fitness and dance videos and doing lots of live streams of exercises on Facebook as well. My Facebook business page name is EG fitness and dance.

...from Weobley Ash. More produce in, frozen chips, frozen mixed berries, mixed veg packs, bread, cream, yogurt, brand flakes, pasta sheets. There are some wholesale price increases, we've noticed today a £0.30 per kilo increase on tomatoes and cabbages to name but a few. Unfortunately we have to pass this on, if we are to continue a service. The price list we send out must only be taken as a guide price, we shall always cost the full shop before taking any payment giving the option to return some items if required. Orders taken for collection in store or for delivery. 2 people maximum in store. 01544 598120 shop@weobleyash.co.uk

...from Sergeants. With effect from Monday 30th March 2020 we will be running a reduced service on the 461 service route. I will attempt to post a copy of the new timetable as soon as I can - we are just fine-tuning it before release. The 41 service will run alongside the 461 services and the connections to Llandrindod Wells will be maintained. Any further information will be posted as soon as updates become available.

PACDG - the PRESTEIGNE AREA COMMUNITY DEVELOPMENT GROUP.. "WORKING TOGETHER"

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.

We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - email text (not poster images please) at least 3 weeks in advance to pacdg@icloud.com.

The Community News is published twice per month. Feel free to tweet or forward this issue to others if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.