

Community News

Issue 149 April 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together"

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on pacdg@icloud.com with REMOVE in the subject line & we'll immediately take you off the mailing list.

IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

- **Please contact us if you see or hear of anything that will be of help to other residents - ideas or suggestions for new hobbies, or things to do at home, especially welcome ! email pacdg@icloud.com**
- **and if you're self-isolating or need assistance in any way, you can also email pacdg@icloud.com and we'll pass on your message to people who can help.**

SCAM ALERT

...**Fake NatWest texts.** Natwest say that lots of their customers have reported receiving these texts. They say you've updated your mobile number on your NatWest account and tell you to click a link if this is incorrect. The link takes you to a site where scammers will steal your banking information. Due to sophisticated criminal technology, some scam texts are also appearing in the threads of our genuine texts, so #TakeFive to help us get the word out. Forward any suspicious texts concerning Nat West to 88355. Learn more about protecting yourself from text message scams: <https://personal.natwest.com/personal/fraud-and-security/fraud-guide/text-message-fraud.html>

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things keep changing so, best first check information on websites or Facebook pages)

Please don't put your eggboxes in your recycling! Salty Dog, Weobley Ash and Deli Tinto are all desperately short so, if you can, please take them, or get someone else to take them, to the shop for you - thank you !

Shops in Presteigne and elsewhere are urging shoppers not to touch products - unless they intend to buy them. The rule is one of the latest measures being launched in shops and supermarkets across the country, to protect customers and staff with use of the government's social distancing guidelines. Customers are asked to only touch items they intend to purchase and to use cashless payment wherever they can to minimise contact."

...**a message from Moi and Barbara.** The donations of material for scrub bags have been much appreciated but no more for the moment please. So far they have sent out 595 scrub bags and they have 10 bags of material to do.

...**from Presteigne Building Supplies.** As of next week we will offer a collection service for ESSENTIAL items only. All collections should be pre-booked and paid for over the phone. You will then be given a time slot where you can pick up your items from a collection area. The collection area will not be staffed & anyone turning up at the gates without a pre-arranged slot will not be served. This service will be available Monday,

Wednesday & Friday 9am - 12pm. If any non-essential items are ordered or queues form, we will cancel this service for our safety & yours.

...from Presteigne Spar. We're asking all customers to pay using contactless where they can and to encourage this we've increased our contactless payment limit. So you can now spend up to £45 and pay using contactless in our store. Thank you for your continued support with this and the other safety measures we have in place. Your patience and cooperation helps keep things as safe as possible for you, other customers and our staff.

...from Weobley Ash. Minted lamb Barnsley chops, bbq-ing at its best. 01544 598120
shop@weobleyash.co.uk

THINGS TO DO WHILE COCOONING AND DATES FOR YOUR DIARY

Calling anyone handy with a sewing machine to make face masks! Lots of people have been making masks for community use but we need more help to ramp up production, so if you have a sewing machine and some time to spare, then get in touch with Emma Lilley and she will pass on info about tried and tested patterns and styles. They're very simple to make. We can also supply fabric and elastic, if you don't have any. Contact emma.lilley@btinternet.com or phone [01544 267462](tel:01544267462) Thanks, Emma

...from Presteigne Carnival - Poster Competition !!! If you're looking for a fun activity for children to do during lockdown why not ask them to design a poster for next years Carnival. There are 4 age categories:- Preschool - Infants - Juniors - 11+

THE ONLY RULES ARE:

- 1) The poster must be A4
- 2) The following wording must be included - Presteigne Carnival 10th July, 2021. The poster can be in any medium (pens, pencils, collage, produced on computer) - let your imagination go wild!

All entries to be posted to: Tim Shallcross, Maypole Cottage, Norton, Presteigne LD8 2EL. Please include the name, age and contact details of the entrant.

CLOSING DATE: All entries must be received by 11th July 2020

PRIZES: - Sweets/chocolates will be awarded for 1st, 2nd and 3rd winners in the Preschool & Infant categories. Prizes for the Juniors & 11+ categories are: 1st prize - £10, 2nd prize - £5, 3rd prize - £3

We hope you all have fun producing your posters, and we look forward to seeing them!

...from Presteigne Dark Skies. Today marks the start of International Dark Sky week. Click on the link below to find out what activities you can do from the safety of your home. And don't forget that you'll be able to see shooting stars, the annual Lyrid meteor shower on Tuesday night, assuming it's clear. Stay safe. Support Presteigne Dark Skies. Reclaim the Dark. <https://idsw.darksky.org/>

...from Presteigne Freegle. Perfect timing for #EarthDay. @EcoSchools have enlisted the help of the amazing litter friends @WomblesOfficial to launch a exciting new #TheWomblesEcoSchool competition. <https://www.eco-schools.org.uk/litter-ecoschoolsathome>. Together from our #EcoSchoolsAtHome office and The Wombles' burrow we have created **three different litter competitions**, suitable for all ages, that can be completed during home schooling or in school. Each competition highlights the impacts of litter on wildlife and can be linked to a variety of curriculum areas and transferable skills, such as creative thinking and persuasive writing.

Speaking on behalf of The Wombles, Great Uncle Bulgaria said, 'We want to encourage children and students to use their creative skills to promote an important environmental message about the negative impact of litter on wildlife. The lockdown presents all of us with difficulties, particularly children who are unable to go to school, but we hope that this competition gives them a fun creative and educational challenge.'

PRIZES - A special team of Eco-Schools and Wombles friends will be picking one winner from each of the nursery, primary and secondary/college competition entries.

Each winner will receive:

- £500 to donate to a local or national wildlife charity on behalf of your nursery or school.
- A nursery/ school visit from Orinoco himself in the next academic year to help your school carry out a litter pick.
- A set of limited edition Eco-Schools goodies.

The deadline for all online competition entries is Friday 29th May 2020 at 16.00. Our three lucky winners will be announced at 9.00, 12.00 and 15.00 on Friday 5th June 2020 to celebrate World Environment Day. Don't forget to include #TheWomblesEcoSchool when you submit your entry on social media (Twitter, Instagram, Facebook) otherwise it will not be counted.

...from The Judge's Lodging. We're all trying out new recipes whilst at home, so we thought you might like to delve into the world of Victorian recipes with a bit of a difference. Over the next week, we'll be sharing recipes we produced for an exploration of Anglo-Indian cuisine we did called 'Dinner with the Raj'. To get you started, here's an introduction, before we unleash your talents for historic cooking! http://www.judgeslodging.org.uk/page/cooks_books_and_ingredients/

Getting ready to cook your Anglo-Indian Victorian dinner? (Well, browse recipes at least!). We start you off with, well, starters http://www.judgeslodging.org.uk/page/first_course/. Check our Facebook page tomorrow: Fish Course !

...from the BBC. Good afternoon everyone! After some technical difficulties this morning, we're pleased to announce that all episodes of BBC Bitesize Daily are available to view on BBC iPlayer bbc.in/BitesizeDaily. Thanks for your patience and we hope you enjoy them!

...from Sheep Music and DJ Max Galactic. SAVE THE DATE - NEXT KITCHEN DISCO! Good news party people - we're back in our kitchen a week on Saturday 2nd May, cooking up another two hours of uplifting, hands-in-the-air disco sizzlers! This time we're joining forces with our lovely friends at Village Circus and the Sheep Music Festival to add a little extra fun, and our fancy dress theme will be 'Sportswear & Sparkles'. It's also a massive birthday bonanza party as we'll be celebrating local Hay legend Andy Fryers turning 50, as well as illustrator extraordinaire Alexia Tucker Illustration turning, erm, well she's definitely under 50! Check out her amazing artwork for this event. We're continuing to raise much needed money for Helping our Homeless Wales, and our Just Giving page is still live – we've raised over £1,600 so far and we really want to get to £2,000 so if you can spare a few quid please click this link: www.justgiving.com/fundraising/maxgalactic with Jesse Ingham, Willo Shaw, Rory Bennett, Sally Butler, Sarah Mason

...calling all beekeepers. (thanks to Martin for this information) "I am a beekeeper and it is a very social isolating hobby. If you are in bee-proof clothing surrounded by bees, everybody keeps well away! To encourage new beekeepers the Bee Craft Magazine are giving a free download this month. Beekeepers and non-beekeepers alike will enjoy their new monthly feature on gardening for pollinators and find lots of other interesting articles

on a variety of topics so please feel free to spread the word. Simply go to their web address - www.bee-craft.com from where you can click on this graphic on the home page to go straight to the edition.

OTHER INFORMATION

...from Powys Recycling. Any residents needing extra recycling boxes for additional recycling (paper and card, plastic and cans, food waste or glass) can order more online. Our Waste Awareness team are also happy to offer advice on how to recycle more of your waste if you'd like some help. <https://en.powys.gov.uk/newbinsandbags>

...from Action on Hearing Loss about Powys hearing aid clinics. In line with the UK's wide effort to delay the spread of coronavirus, the Hear to Help hearing aid maintenance clinics across Powys have been suspended until further notice. Please contact your local audiology department:

...from PAVO about their COVID 19 E-bulletin to keep you up to date with the latest news and developments regarding COVID 19 ? We realise that this can change daily if not hourly, so as such we aim to provide as accurate as possible service in these challenging times. PAVO NEWS is our latest round up of news regarding COVID19. If you would like to receive this weekly bulletin please [Subscribe Here](#)

...from The Three Choirs Festival. Our box office remains open for Festival general booking . If you would like to reserve seats, please contact the box office on 01452 768926. We are monitoring government updates closely, and will contact you for payment only if we are certain the festival can proceed.

...for Powys Audiology. If you require batteries or re tubing Powys Audiology are offering a postal service - these are the contacts:

Brecon War Memorial Hospital, Tel No: 01874 615691 (direct ext 5691)

See AdultAudiology.Powys@wales.nhs.uk, or access Action on Hearing Loss for more support and how we can help you on www.actiononhearingloss.org.uk/wales.

Information line - 0808 808 0123, Text Phone 0808 808 900, or contact Rachel Beech by email at rachael.beech@hearingloss.org.uk, mobile - 07552165800

...from Wales Liver Support. If you are affected by Liver Disease, then please feel free to join “Wales Liver Support Groups – British Liver Trust” on Facebook (<https://www.facebook.com/groups/208460503553582/>). Through this medium British Liver Trust are also setting up regular virtual meetings whereby individuals can support each other and have a tea / coffee and chat, whilst safe at home. If you have any further queries please contact Sarah.lowther@britishlivertrust.org.uk

...from the Welsh Government about free school meals. We're the first in the UK to confirm this support will continue during the summer school holidays if needed. To find out how your council will provide free school meals use the postcode search function here: www.gov.wales/free-school-meals-coronavirus-guidance-schools

...from the UK Government. Are you an essential worker in England? Tests are available for you and people in your household **if** anyone in the home has symptoms. Book a test <https://self-referral.test-for-coronavirus.service.gov.uk/>

PACDG – the PRESTEIGNE AREA COMMUNITY DEVELOPMENT GROUP... “WORKING TOGETHER”

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.