

# Community News

Issue 153 April 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together For The Community"

*You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on [pacdg@icloud.com](mailto:pacdg@icloud.com) with REMOVE in the subject line & we'll immediately take you off the mailing list.*

**IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE [www.presteigne.org.uk/calendar](http://www.presteigne.org.uk/calendar)**

- **Please contact us if you see or hear of anything that will be of help to other residents - ideas or suggestions for new hobbies, or things to do at home, especially welcome ! email [pacdg@icloud.com](mailto:pacdg@icloud.com)**
- **and if you need assistance in any way, email us and we'll pass on your message to people who can help.**

**...from Presteigne & Norton Coronavirus Community Response.**

A request from the volunteers in the High Street.. if you're queueing outside the shops and you're not in a hurry, please could you let key workers and carers in ahead of you. Many of them only have a short window of time to do essential shopping so it makes sense to give them priority. Many thanks for your understanding.

**Desperately seeking elastic!** The volunteers making masks for community use are running short of elastic - if you have any going spare (4mm to 6mm width is best) then please let Emma know on [emma.lilley@btinternet.com](mailto:emma.lilley@btinternet.com)

**...from Jackie Hill. Missing !** Light grey tabby cat Presteigne / Warden area, microchipped, if found or seen please call 07792678844. Thank you.

**...Sew Presteigne ladies are celebrating** - today we have reached over 1000 scrub bags today for the NHS and Care workers! See Presteigne Life Facebook page for photos of some of our sewers - Moi Gibbons, Dawn Lloyd, Dot Griffiths, Elaine Barlow, Barbara Sheers, Cathy Gwilt, June Morgan. Well done all !

**UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET**

(things keep changing so, best first check information on websites or Facebook pages)

**...from Midcounties Coop in Knighton.** Deliveries now extended to cover Monday to Friday and Presteigne and surrounding villages are now included. Call the store in 01547 528645 to order. Payment is over the phone and delivery usually the next day.

**...from the new Chilvers Country Supplies Presteigne store (on the by-pass).** The store is not open for walk-in but they are currently delivering in and around Presteigne area. Compost, bark, plants, wild bird seeds, gardening products, pet feed as well as farming products and clothing! Call Dan 07798928909

**..from Spar Presteigne.** Freshen up your pasta with this creamy avocado pesto. Pop two avocados, two garlic cloves, a handful of basil leaves and half a lemon's juice in a food processor and blitz. Alternatively you can mash all together in a bowl. Then slowly add olive oil while the mixer is still running until the mixture has emulsified. Mix your cooked pasta with the sauce and add some veggies. We like cherry toms and sweetcorn. Read the full recipe here: <http://ow.ly/4usv50zrLuj>

**...from Weobley Ash.** Meat box - mixed beef and pork £60. Beef joint, pork joint, 4 belly pork, diced beef, mince beef or pork mince, 12 sausages 2 packs burgers. Add a veg box for £15, potatoes, leeks, carrots, onions, tomatoes & & peppers. Delivery and collection available. Call 01544 598120 or email [shop@weobleyash.co.uk](mailto:shop@weobleyash.co.uk) to order.

## THINGS TO DO WHILE COCOONING AND DATES FOR YOUR DIARY

**...from Presteigne Carnival - Photography Competition !** For any of you with wonderful photos of our carnival, we are running a competition for Best Photograph/ Memory of Presteigne Carnival. This is open to any age and can be from any year. The closing date is 1st July 2020 and we are hoping to create a montage for a virtual carnival day on the 11th July. Please ensure that anyone in the photograph is happy for these to be shared on Facebook and other social media sites. There will be 3 prizes of family tickets to Presteigne Carnival 2021 plus afternoon tea (tea and delicious cake) in the Carnival cafe! To enter, please email your photograph to [presteignecarnival@gmail.com](mailto:presteignecarnival@gmail.com), including the year and names of people (if known). Please include your name and contact number. Good luck everyone! We hope you enjoy sorting through your old photographs and remembering all of the Presteigne Carnivals of previous years. A great job to do in lockdown! We look forward to seeing your photos.

**...from the Judge's Lodging.** Oh, you thought you were done after the Pudding Course? Any Victorian will tell you that now it's time for Dessert, 'Dinner with the Raj' style - heaven! <http://www.judgeslodging.org.uk/page/desserts/>. And no 'Dinner with the Raj' would be complete without drinks, of course. The Bengal Lancer's Punch is a touch of true decadence for drinking out in this lovely sunshine <http://www.judgeslodging.org.uk/page/drinks/>

**...Free Games for Carers.** NHS staff are being gifted free access to video games to say thank you for their work during coronavirus. Big companies like EA, Konami, Xbox and Sega, as well as independent studios, are part of the Games for Carers initiative. The studios say NHS workers can use the games "when they get some well-earned down time, or to provide relief for their families". More than 85,000 games will be available to download. All NHS workers need to do to get access is visit the dedicated Games for Carers website and enter their NHS email address - although due to the level of interest after launch, the site went down for a short time.

**...from Presteigne Freegle.** Going crazy juggling kids, work, lockdown and now rain?! Here's a fab little video on how to make robots out of cardboard boxes via @DKbooks <https://youtu.be/cYHamZI6ZFc>. Hopefully you'll already have what you need at home. To make this fantastic robot costume, you'll need a big box for the robot's body, a square box for its head, and two smaller boxes for its hands. Make sure the boxes are big enough for you to wear. You'll be using cardboard circles and cups to add the robot's ears and eyes. What you need: ruler, paper cups, scissors, large plate, paintbrushes, strong tape, pencils, paints, cardboard boxes. Full instructions here > <https://www.dk.com/uk/article/how-to-make-box-robots-kids-cardboard-box-craft-project/>. And we love this knitted nurse! - see our Facebook page. Download lots of free knitting patterns from #JeanGreenhowe <http://ow.ly/pMZB30qBbe9>. A great way to use up leftover wool you may already have at home. Please do share with us any little creations you make!

**...from PCC and BBC Wales.** It would have been the wonderful Machynlleth Comedy Festival this coming weekend. That's not happening now but the organisers have

teamed up with BBC Radio Wales to create a special show featuring Welsh comedians. You can hear it on BBC Radio Wales at 1.30pm this Saturday and at 6.30pm next Monday. <https://crowd.in/mOgn7C>

**...from Friends of the Earth.** Spring is on our doorsteps, so we have the chance to get busy for bees at home. Whether you have a garden or a window box, now's the time of year to be planting wildflower seeds to help bees around the UK. Bees pollinate our crops, while other insects like ladybirds provide natural pest control. This diverse group of animals play a vital part in our natural ecosystems. Order a Bee Saver Kit today to learn more about bees, plant your own seeds and create a bee-friendly space. Become a bee saver with our special kit & get closer to nature. See [www.friendsoftheearth.co.uk](http://www.friendsoftheearth.co.uk)

**...from Royal Albert Hall Live.** Watch Andrew Lloyd Webber's 50th birthday celebration at the Hall for free tomorrow! Featuring Elaine Paige, Glenn Close, Sarah Brightman, Antonio Banderas, Michael Ball OBE & more. Friday 1 May at 7pm. Set a reminder.

### **SCAM ALERT FROM DYFED POWYS POLICE**

**(sign up to their DPCM e-letter here <http://www.dpcm.co.uk/>)**

Criminals haven't stopped working during the lockdown – they are just working smarter! Be on the lookout for emails and cold calls from fraudsters offering to apply for government grants or schemes in return for an [advance fee](#). At the moment, we are aware of frauds involving fake voucher schemes for school meals, fake supermarket cash giveaways, and fake grant applications, all with one aim – to steal your money ! Advance fee fraud is when fraudsters target people asking them to make advance or upfront payments for goods, services or financial gains that do not materialise. Often these fraudsters claim to be operating on behalf of the UK Government.

Here's how they do it:

STEP 1 - Fraudsters will make contact with you and will direct you to fill out an online application form with your personal information to apply for the scheme or grant.

STEP 2 - From there, the fraudsters will either apply for the real grant in your name and arrange for the money to be paid into an account they've created (known as a 'muling' account'), or they will re-contact you congratulating you for being accepted onto the grant programme, and asking you to pay your contribution to the scheme. Often, they'll instruct you to pay this contribution using a pre-paid card, these are similar to a credit or debit card, except instead of being linked to a bank account these need to be topped up with cash prior to spending.

STEP 3 - The fraudsters will recontact the victim by phone or email to ask for the details of their pre-paid card so that they can add your contribution to the grant funds. Naturally, the grant funds are never paid back to you by the fraudsters, or never existed in the first place, and the money that's been loaded onto the card by the victim is stolen.

If you've been a victim of fraud, report it to us. You can do this calling 101, by emailing [contactcentre@dyfed-powys.pnn.police.uk](mailto:contactcentre@dyfed-powys.pnn.police.uk) or online at [bit.ly/DPPReportOnline](http://bit.ly/DPPReportOnline)

### **OTHER INFORMATION**

**...from Corona-help. Do you have two minutes spare to help us protect the NHS?**

We want just two minutes of your time to help us understand how coronavirus is spreading across the country. Our survey is completely anonymous and has been assessed and approved by the NHS - go to <https://corona-help.uk>. The survey is very simple and quick taking less than 2 minutes. Help us to save lives. Thank you.

**...from Powys Waste.** Recycling and waste collections will not be affected by the May bank holidays, with collections taking place as normal.

**...from the Arts Council of Wales.** Our Urgent Response Fund for Individuals is now open for a second round of applications. For freelance creative practitioners who are experiencing financial hardship due to Covid19. Deadline 6th May. <https://bit.ly/3cVtSY6>

**...from Royal Mail.** Delivery giant Royal Mail has said it will “temporarily” stop the deliveries of letters on Saturdays (starting this Saturday) but it will continue to provide its letter delivery service from Monday to Friday as normal and said customers “should continue to post both letters and parcels as usual on Saturday”. Royal Mail will continue to collect all mail from businesses, post offices and post boxes.

**...from Recycle Now.** There's so many products from around the home that can be recycled. As well as the kitchen, the bathroom, bedroom and living room all have items that can be recycled. Here's our list of products that can be recycled from around the home: <https://bit.ly/2qURDfa>

**...from PCC Highways.** Work to commence surface dressing of certain Powys roads will begin on Monday 4th May 2020. The process of surface dressing involves spraying bitumen on the road and applying clean chippings ('tar and chip'). Starting next Monday (weather permitting), this work will be undertaken by contractors, RMS, on behalf of the council, and is programmed to be completed in 6-7 weeks.

**...from Sport Wales.** We have an Emergency Relief Fund that's been set up to support clubs needing finance these next few weeks to survive. Check out the video on our Facebook page and follow this link for more information: <https://www.sport.wales/content-vault/emergency-relief-fund/>

**...from Newtown High School (John Beddoes).** Today Qualifications Wales / Cymwysterau Cymru have launched their two-week consultation on the proposed aims that will underpin the awarding of grades this Summer and the specific arrangements for appeals. The consultation will close at 5pm on 13th May 2020. See Qualifications Wales website for details of the survey. Your voice matters and will impact on the next steps Qualifications Wales will take, so please take 10 minutes to complete this consultation.

**...from UK Government (Wales).** The Self-employment Income Support Scheme will support those adversely affected by #coronavirus. Read more about the scheme here: <https://www.gov.uk/guidance/claim-a-grant-through-the-coronavirus-covid-19-self-employment-income-support-scheme>. #COVID19

**PACDG - the Presteigne Area Community Development Group... “Working together for the Community”**

**If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email [pacdg@icloud.com](mailto:pacdg@icloud.com).**