

Most of us would prefer to remain in our community as we get older. We'd like to continue leading active lives, keeping our connections with neighbours, friends and relations. The aim of this project is to find ways to support people in our community to achieve this ambition.

Building on the success of the Dementia Friendly community projects in Brecon, Hay and Knighton, we began to look at Presteigne's provision for older people, especially those with impaired memories. Our immediate ideas are to:

- Work on existing good will and expertise within the town, to make sure that all of us show greater understanding of, and patience with, older and more vulnerable members of our community
- Build up connections within the community, especially between young and old
- Signpost people to existing services and to extend that provision where possible
- Provide information about Dementia, to reduce the stigma and fear attached to its name
- Support Carers and reduce their isolation.

People already involved: Kate van den Ende, Rolly Bradford, Ann Curtis, Sue Wilson, Liz Gaines, Jacquetta Selly, Chris Lewis, and Piet van den Ende – backed up by the expertise of Beverley Baynham at East Radnorshire Day Centre.



From the Town Council Facebook page

East Radnorshire Day Centre: Councillor Beverley Baynham mentioned at a recent Council meeting that referrals to the Day Centre from Powys County Council are reduced. She would like to remind everyone that they can and should refer themselves or their family members. Keeping numbers of users up will help to demonstrate to PCC the need for the Day Centre.