

Community News

Issue 10 11/5/2016

an information service from the Presteigne Area
Community Development Group PACDG

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If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com - or collar one of the Steering Committee in the street and tell us what's on your mind. You can also leave a written message at the Library for us - remember to include your name and a contact telephone number ! We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - email pacdg@icloud.com

Feel free to pass this on to friends in the area and ask them to let us know their email address so we can add them to the distribution. If you can help spread the word and publicise this on Facebook/Twitter as well that would be brilliant !

NEW DEMENTIA AWARENESS GROUP and OPEN DAY at the DAY CENTRE.....we are a small group of local people with an interest in encouraging Presteigne to become more accessible to elderly people, particularly those with impaired memory. We aim to work alongside existing services to:

1. Reduce the stigma and fear, especially of Dementia, the D word, as this can prevent people from accessing help, support and advice early, when decisions and plans can be made together.....not waiting and then being forced to react to a crisis.
2. Increase support for Carers. They can only 'care' if they are, in turn, cared for.
3. Provide support to individuals to encourage them to stay connected both to their own lives and likes and to their community.
4. Encourage local traders / Town Council / PCC / Highways etc. to tweak their signage, decoration, facilities, and attitudes to accommodate older people and their needs.
5. Encourage the whole community to exhibit greater understanding of, and patience with, the older and more vulnerable members of our community on the basis that what's likely to be helpful to them, will be helpful to all in due course.

To help with this, East Radnorshire Day Centre is holding an **OPEN AFTERNOON ON FRIDAY 20th MAY**. There are posters around town! Our group will be there, along with representatives from local service providers and support groups. This is your chance to visit the Day Centre, meet people who already work within the community, talk to us about our plans and start thinking about making Presteigne more accessible to, and comfortable for, those with impaired memory.

.....and a message from the Presteigne Chamber of Trade and PACDG.....

Please join us for our BIG CLEAN UP.....we are asking for volunteers to give up a couple of hours of their time to Clean-for-the-Queen on the day before the Queen's 90th Birthday Community Street Picnic. Please come along with gardening or work gloves to help - and any loans of litter-picking tools will be very welcome! We especially would appreciate a volunteer with first-aider qualification. We have insurance, risk assessment, garbage bags, and hi-viz jackets - and have requested permission from Powys to clean their land!

MEET AT THE BRING SITE ON THE BYPASS AT 10.30am FRIDAY 10th JUNE.

If you have questions, or to confirm assistance with equipment or as a first-aider, please contact Ann Wake, Presteigne Chamber of Trade, ann@presteigneholidays.net, tel. 01544 260 695 / 07734 528 571.