Community News - Issue 35

an information service from PACDG - the Presteigne Area Community Development Group

Volunteers needed at The Old Garage Warehouse, (Old Laundrette) The Posting House, High Street, Presteigne.....we are looking for volunteers to help our co-ordinators run our charity furniture warehouse. We are especially in need of someone with a van or trailer to help with the occasional collection/delivery of larger furniture items. Please call into the The Old Drill Hall if you would like to join us, or call Sharon Jones, Office Manager PNCS (Presteigne & Norton Community Support), The Old Drill Hall, Hereford Street. Mon - Frid 9.30am to 12.30pm, tel: 01544 267961, www.facebook.com/PNCS4U

Radnorshire NPT has this week welcomed PCSO 8073 Gareth Morris to the division. Gareth will be based at Presteigne Police Station, predominately providing support to Presteigne and Knighton NPT. Gareth has lived and worked locally for many years and has fulfilled the role of a Dyfed Powys Police Special Constable for the last 10 years. Gareth is looking forward to providing additional support to the local community through his new role. Please remember you can contact your local NPT by calling 101 or by emailing **presteigneNPT@dyfed-powys.pnn.police.uk**.

And a community message from DPCM/Powys Trading Standards....residents are warned about a major new phone scam currently defrauding US consumers set to hit the UK, and police and call-blocking companies are warning the public about the dangerous phone call in the hope of preventing innocent people falling victim to the scammers. Innocent people are being tricked into essentially signing verbal contracts.

If someone calls and asks, "Can you hear me?", hang up the phone immediately. Here's how it works:

- You receive a phone call from a local number
- The voice on the end introduces themselves and the company they supposedly work for
- They then ask: "Can you hear me?"
- Your answer is recorded, and if you say "yes", your response will be edited to make it appear as if you've agreed to a huge purchase.

You're effectively being tricked into signing a verbal contract, much the same as clicking 'I agree' to terms and conditions online.

Voice signatures like these are legitimately used by companies doing business over the phone, but this is being exploited by scammers who have conned many already. If you need any advice then please contact our Advice line on 0845 040506.

There's no Mens Shed - YET ! - in Presteigne but the Knighton Men's Shed is now wellestablished and open to new members from over the hill. Meet the Men's Shed team at a sponsored coffee morning on Tuesday 21st March 10.30 to 12.30pm at The Tower House Gallery, Knighton. Bring garden tools for sharpening, handmade items for sale, bespoke items made to order. More about the Men's Shed in a future issue.

T'ai Chi beginners class are held on Thursdays at 7pm in the Assembly Rooms (started 2nd March). £5/session. Email Paul on <u>paul@indetail.org</u>. See website http:// www.tai-chi-presteigne.org

The next WI meeting.....is at The Memorial Hall on Thursday 9th March at 8pm when Leon from The Salty Dog will be giving a cookery demonstration and talking about food waste. Visitors and new members are very welcome !

Friday 10th March "The Black Rapids" at The Dukes Arms - a kick-ass band with attitude and groove. Hokum it is not - spiritually uplifting and thought-provoking it is. The Black Rapids are here for our entertainment and edification. 8.30pm £4.00. For info tel. 01544 267318

Friday, 10th March, Presteigne Screen presents "Things To Come" (their third Borderlines Film festival screening) at The Assembly Rooms, Presteigne. Fra/Ger - 2016 - 104 mins - Rated 12 - Tickets £5. Doors open 7:30pm for Bar, Coffee, Tea, Home-baked Cakes. Film starts 8:00pm. See a copy of the complete programme through April 2017 at: http://www.presteignescreen.org.uk/winter-films-presteigne-screen.php

Saturday 11th March, 10am-3pm, GRAND SPRING SALE in aid of Shelter and Help Refugees in the Assembly Rooms. Fabulous clothes, vintage, collectables & jumble. Tea, coffee & cake. Entry £1. For more information, please contact Kate Bull 01544 370637 or Sabina Ruber 01544 232767

Sunday 12th March 3pm "In Conversation with the Past" at the Assembly Rooms. A film portrait of Clun's famous character Bill Lock by artist filmmaker Nicola Lane presents a fascinating glimpse of social history and the tale of a vanished community. Bill Lock was born deaf in 1910 into a well-known Romany family who travelled throughout the Borders and Shropshire.Tickets £7 from Courtyard Antiques and The Workhouse in Presteigne or online http://www.wegottickets.com/event/387159

On Saturday 18th March, Presteigne Fire Fighters are holding a charity car wash at Presteigne Recycling Centre from 9:30am to 1:00pm for the Firefighters charity. Please support them.

Saturday 18th March....Presteigne Bowling Club's Easter Bingo at the Memorial Hall. Bar. Prize and Cash Bingo (incl. 43" TV, £100 cash, Easter Eggs, Hampers, Wine & Spirits, and lots lots more). Doors open for 6.30pm for 7.45pm start. All welcome !

Presteigne Natural Health Centre - Past Life Regression Demonstration on Saturday 18th March 2017 by Amanda Rachel between 2pm and 5pm. Amanda will give a brief introduction to Hypnotherapy and Regression Therapy and then ask for a Volunteer to undergo Regression Hypnotherapy to a past life. She will guide them from their childhood in this life back to the womb and then onto either a significant place in a past life from which to move forward through that life, in glimpses at varying intervals till they pass over. Recipients may choose to be an observer of the past life or be able to feel the emotions associated with the specific moments they visit. Anyone then interested in making a booking for themselves will be able to do so. There are only 10 spaces available due to the size of the venue so, if interested, please contact Jo on 07876796885 or at pnhc2014@gmail.com to reserve a place. Cost £5 per person.

Feel free to tweet or forward this to others. If you would prefer not to receive further issues of the News, please email us with REMOVE and we'll immediately take you off the the distribution list.

If you have any questions on what's happening – or not happening – in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction – simply email pacdg@icloud.com – or collar one of the Steering Committee in the street and tell us what's on your mind. You can also leave a written message at the Library for us – remember to include your name and a contact telephone number !

We're happy to help publicise community and charity activities and events (but usually only for events in the immediate Presteigne area) - mail pacdg@icloud.com