# **Community News**

## Issue 217 November 2020

The Community News is an information service from PACDG – the Presteigne Area Community Development Group "Working Together For Our Community"

#### email news@pacdg.org to contact the Editor

- if you have any questions on what's happening or not happening in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction email the Editor
- please email us if you see or hear of anything that will be of help to other residents, including local area job opportunities
- if you need assistance in any way, email us and we'll pass on your message to people who can help. ...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

**...from the Fire Brigade.** 45% of dogs in the UK show signs of fear when they hear fireworks. Prepare in advance, before fireworks start, as your pet will be better able to cope. For advice visit: <u>http://ow.ly/KjKC50C0yMo</u>

...Correction from Heart of Wales Line. A minor correction. The line will reopen north of Llandrindod on Tuesday 3rd Nov, rather than Monday 2nd. You can check train times here and we will publish the timetable when we have it <u>https://tfwrail.wales/purchasing-your-ticket/</u> <u>check-train-times-and-buy-tickets</u> During the current lockdown please only travel if your journey is essential

...from Annie at the Mid-Border News. Hello and happy Hallowe'en! Here is the online link to the winter issue of the MidBorder News. We've got 24 pages of local news, information, articles, covid-19 updates, lovely photos and a few funnies. If you would like the pdf for easier reading (larger print) just let us know at this email address. Distribution of the print version has been done in Kington and will cover Knighton and Presteigne after the English lockdown (we're based in Kington); the winter issue covers November to February so there should still be plenty of time to get it out. Please feel free to pass on the online link to anyone whom you think might be interested and/or who can't get a print copy. Don't forget that our Facebook page has current news, information and the occasional chuckle so please 'like' us if you do that sort of thing. Finally, if you want to unsubscribe from our mailing list just reply to this email with the word UNSUB in the subject field. Keep safe and well, Annie <u>https://issuu.com/midbordernews/docs/</u>

**UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET** (things remain fluid during the Welsh 'firebreak' and upcoming English lockdown - best to check business information and opening hours on their websites or Facebook pages)

...from the Editor of the Parish Magazine (November issue just published by email). It is the aim of this Parish Magazine, (almost) once a month, to represent not only your parish churches but to offer another forum for those who have something to announce or to report. Sadly I do not have the means to email these eMags to all our 500 or so subscribers. But I hope it reaches some of them. Anyone who wishes to be included in, or deleted from, our emailing list should let me know on standrewsintray@btinternet.com. If our traditional December/January issue can be compiled and distributed, then hurrah! If not, then email will again keep us in touch. The deadline for copy or artwork for our December issue will be Wednesday 23rd November. Artwork must fit the width of an A5 (portrait) page - and even then I need a line for the page number. Submissions and enquiries to: standrewsintray@btinternet.com

**...from No. 7 Massage & Therapy.** Perhaps a thought for Christmas...... A therapeutic massage with warming oils including ginger & arnica for soothing tired muscles. Christmas Gift Vouchers available for Massage Therapy, from Number 7 - contact Claire on 07969 569140.

...from G&A Catering. Specials Night. And here it is, the one we've all been waiting for .... Mexican Night!!! Monday 9th November 5pm - 9pm. Time slots are booked up from 5pm - 6pm already! So time slots AVAILABLE are from 6pm to 9pm, make sure you get in quick to avoid the wait!! Walk ins are also welcome but please bear in mind there maybe a waiting time for you. 07487246276

**...from Rose Cottage Flowers & Café.** I am pleased to say that as of next week I will be taking over the cooking of the meals for the East Radnorshire Day Centre service. If anyone knows of someone this would be a help for then please phone the day centre on 01544 260267 or 01544 260360.

...from Victoria Fish Bar. Unfortunately we are experiencing some problems with our card machine and are unable to make any card transactions until further notice so the shop will now only be accepting cash. Sorry for any inconvenience caused hopefully we will have this sorted very soon.

...from Weobley Ash (Pumpkin Competition). We Have Winners ! Sam Price 1st Place, Finley Dyer 2nd Place, Jacob & Jayden joint 3rd place. Well done, such a great effort from you all, we had so many people enter. Prizes ready for collection from Monday morning. PLUS We're open tomorrow from 9-4 and fully stocked. Bread, veg, fruit due in Tuesday morning, plenty of meat, sausage, burgers, dice, mince and more. We never ran out last time and won't this time, that's the beauty of shopping local and knowing where you food comes from. Call 01544 598120 or email shop@weobleyash.co.uk to place an order or book a delivery slot

...from Amanda's Bread. If you want to place an order for delivery in the Presteigne area on Saturday, see item list and prices on our FB page, and get in touch asap - email <u>asimpsonatkins1@gmail.com</u> or phone / text Amanda on <u>0775 993 9526</u> or Julian on <u>0771 870 4814</u>

...from The Royal British Legion. Every poppy counts. Please support the Poppy Appeal and ensure that veterans and Service families are looked after no matter what challenges they, and the country face.

#### **DATES FOR YOUR DIARY & OTHER INFORMATION**

...from Ruth about Art@thelodging. Like many sectors of society, the arts have been hugely affected by the Covid pandemic, but The Judge's Lodging here in Presteigne is doing its bit for artists by hosting a new event called Art@thelodging. Some of you may remember when the Shire Hall (as the Judge's Lodging was then called) used to host an art show at least once a year. Now they are doing so again, with over 20 artists and makers displaying throughout the museum. The show will be open to the public (entrance £3) 26-29 November and 4-6 December, so pop in and see what will undoubtedly be a fascinating collaboration between the museum and local artists, and a bright spot in what has been a fairly gloomy year all round. This is a must-see for 2020! This is a fundraiser for the Judge's Lodging, which is fully Covid-compliant.

...from Margaret at Chatterbrook WI. Members of Chatterbrook are now holding their monthly meetings by Zoom on 2nd Thursday at 7.30pm. Women who would like to attend, perhaps with a view to become members, will be very welcome. There's no charge and no commitment!! Speak to a Chatterbrook member or call Margaret Galliers, Secretary 01544 267245.

...from Darylle at Radnorshire Wildlife Trust. We will be doing major tree safety work at the Withybeds nature reserve this winter largely related to Ash Dieback disease and this will have a visual impact for visitors to the site. The RWT Reserves Officer will be at the Withybeds on Wednesday 11th November 10-12pm and also on Friday 13th November 2-4pm if anyone would like to drop by to discuss the work (subject to lockdown of course). Darylle Hardy, Trust Director, Radnorshire Wildlife Trust. I work 4 days a week: normally Monday to Thursday. At the moment I am working from home so please contact me by email <u>darylle@rwtwales.org</u> in the first instance. The answerphone is taking messages in the office and is not checked daily.

...from Small Breeds Farm Park & Owl Centre. EXCITING NEWS! We will be open each weekend until Christmas. Look forward to seeing you.

...from Leon. If you thought a summer lockdown was bad for people already struggling with mental health, a winter one may well be 10 times worse - with cold, dark nights and limited social contact - please keep a lookout for your family, friends and neighbours that are struggling. The relapse and overdose rate has increased by 30% since March 2020. Mental health issues related to our lockdown and the pandemic are especially hard for people with depression. SHOUT is the UK's first 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and need immediate help. Text: 85258 for SHOUT.

Samaritans - Provides confidential, non-judgemental emotional support for people experiencing feelings of distress or despair, including those that could lead to suicide.

You can phone, email, write a letter or in most cases talk to someone face to face. Call 116 123 (24 hours a day, free to call).

...from Powys CC. Concerned someone is being abused? Don't be a bystander, contact #LiveFearFree in confidence: call 0808 80 10 800, Text 0786 007 7333 or Email info@livefearfreehelpline.wales. Live chat www.gov.wales/livefearfree

...from Powys CC. Update on lockdown grants. The council has received an incredibly high volume of applications and calls since the lockdown business grants opened yesterday. We are aware that some people have been experiencing technical issues with the online form and we are working hard to resolve these, but please bear with us! These are Welsh Government schemes that the council is processing on its behalf. A full list of grants and all the latest guidance can be found here: <u>https://crowd.in/86280C</u>.

In the meantime, we hope the points below can help answer a few of your questions... \*All grants require an application form, none of them are automatic \*Powys businesses CANNOT apply for the second discretionary grant of £2,000 as the county was not under a local lockdown prior to the firebreak (as outlined in the criteria). Powys businesses can only apply for discretionary grant 1, if eligible \*Eligible businesses can only apply for ONE of the grants on offer \*If a business is eligible for both the SBRR £1,000 grant and the £2,000 'top-up' grant, there is no need to reapply for the 'top-up'. It is all applied for in the one form. Thank you for your patience as we work through the applications

...from Dyfed Powys Police. To ensure our lines are free in an emergency, we're asking you to make the right call. If you need information about the firebreak, visit: <u>http://orlo.uk/LQrnA</u>. To report a police matter when it's not an emergency, contact us in one of the following ways: Online <u>http://orlo.uk/3549u</u> or email <u>contactcentre@dyfed-powys.pnn.police.uk</u> or call 101

...from Wendy Abel: Are you a business that sits on/near the Wales Coast Path, Glyndwr's Way or Offa's Dyke Path? Wales Coast Path and National Trails are inviting you to an exclusive online conference, bringing communities together to help everyone maximise their marketing, work more collaboratively and boost economic activity through collective work. Date: 5th of November - 11am to 12:30pm. About this invite: • Free resources, insights, and ideas • Exclusive with ITV's Sean Fletcher on NEW 2021 Offa's Dyke series • Introduction to the NEW online toolkit • Christmas and 2021 predictions from Visit Wales. Please RSVP: <u>alex@alexandramarr.com</u>. We hope you can support us and help bring everyone together during this challenging time, for what promises to be an insightful webinar and forum for all. Best wishes, The Wales Coast Path and National Trails Wales team

...from Powys Health Teaching Board. Information about restarting services is available from our website at <a href="https://pthb.nhs.wales/coronavirus/restarting-services/?utm\_source=social">https://pthb.nhs.wales/coronavirus/restarting-services/?utm\_source=social</a>. COVID-19 has been the biggest public health emergency the NHS has seen. We have needed to put temporary measures in place to keep you safe and keep our staff safe. For example, some face-to-face services have been paused to reduce the risk of infection. Please accept our apologies for any inconvenience this may cause.

...from Powys CC Highways. B4355 due to reopen shortly. Following emergency repair work to two flood damaged structures at Gwern Y Gaufron and Pennant Pound on the B4355 between Dutlas and Lloyney, the road is due to reopen on Sunday 1 November with two-way traffic lights in place whilst reinstatement works are completed on this latest phase. Work on the damaged Fedw Lwyd culvert till needs to be completed, but it is hoped that this can be done under traffic lights to avoid further disruption to road users. It is anticipated that these works will be finished by the end of November. We would like to thank our residents and road users for their understanding and cooperation throughout the duration of these repair works.

...from Education Wales. Grants are available for looked-after children and learners receiving free school meals to help with school uniform costs. More info: <u>https://gov.wales/pupil-development-grant-access</u>

...from Presteigne Freegle & Hubbub. Looking for a scare this Halloween? Here goes: A terrifying 12.8 million pumpkins are expected to be left uneaten this Halloween, in the UK alone! Never fear @hubbubuk are here:<u>https://www.hubbub.org.uk/eat-your-pumpkin</u>. Whether you're staying at home this year or venturing to the streets, we've got everything you need for a safe, spooky and sustainable Halloween packed with treats. Click on the link above for recipes, DIY costumes and decorations, tips for picking the perfect pumpkin and keeping your kids entertained at home. Thanks Hubbub

...from Recycle Now. As well as recycling your newspapers, don't forget you can recycle your envelopes, wrapping paper, birthday cards and even phone books. Just remember to do the scrunch test with paper - if it doesn't spring back, then it can be recycled.

### LOCAL JOB OPPORTUNITIES

...from Presteigne Artscene / Theatr Brycheiniog - looking for a Freelance Designer to work on developing an artistic response to re-opening Theatr Brycheiniog's auditorium as a socially distanced artistic environment until they can resume performances. <u>https://www.brycheiniog.co.uk/en/about-us/job-vacancies</u>

**...from East Radnor Leisure Centre.** We are looking for enthusiastic Level 2 qualified Swimming Teachers, to join our friendly and professional team for our Powys Contract. You will be part of our successful swim school team, teaching either in a group or individual lessons. To apply, click here : <u>https://bit.ly/34lykbl</u>

...from the East Radnor Day Centre. Home Support wishes to appoint an experienced carer to the provide On-Call support. Working as part of an on-call rota team you would be required to respond to Care Line emergency calls as and when activated. The service is available 24hrs a day, 7 days a week, 365 days a year and shifts are generally available overnight and at weekends. Full training on using lifting equipment will be provided by you must be an experienced care assistant, who is calm in an emergency and comfortable to attend call outs on their own at any time of the night. Number of shifts available is flexible throughout the month. A contract of employment will be offered subject to a trial period. An On-Call retainer rate is paid for each shift and an hourly rate applies if you are called out. Please call 01544 260360 for more information or email homesupport@eastradnor.care for a job application form.

...from PAVO/Care & Repair. Home Energy Officer job vacancy with Care & Repair in Powys here :) <u>https://bit.ly/362FR4D</u>

PACDG – the Presteigne Area Community Development Group... "Working together for the Community" You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on <u>news@pacdg.org</u> with REMOVE in the subject line & we'll immediately take you off the mailing list.