

Community News

Issue 254 May 2021



The Community News is an information service from PACDG - the Presteigne Area Community Development Group -
 "Working Together For Our Community"

email news@pacdg.org to contact the Editor

- if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - email the Editor
 - **please email if you see or hear of anything that will be of help to other residents, including local area jobs**
 - if you need assistance in any way, email us and we'll pass on your message to people who can help.
- ...AND IF YOU NEED TO CHECK BACK ON PAST ISSUES FOR INFORMATION, YOU CAN SEE THESE (along with lots of other good information) ON THE TOWN WEBSITE www.presteigne.org.uk/calendar

...because of the obvious demand, we've arranged **an additional recycling bank for tetrapak type drink and food containers** at the bypass Bring Site. There are now three recycling containers which will give some much needed extra capacity as ACE cannot increase the frequency of collections. If you see they're full, please email us. Thank you for recycling !

THANK YOU

...**from the Judge's Lodging.** Oh thank you Mid Wales Opera for bringing some beautiful music and real live visitors to our garden today...and thank you to everyone who braved the weather to share the return of live music.

COVID

...**from Powys THB.** If you are aged 30+ and haven't yet received your invitation you can complete our Priority Access Form so that we can fast-track you to an appointment: <https://pthb.nhs.wales/coronavirus/covid-19-vaccination/age-30-to-39/>.

Anyone aged 18-29 can join our Reserve List: <https://forms.office.com/r/KpZPcvvauT>

...**from Hereford CC.** If you're aged 38 or over, or if you turn 38 before 1 July 2021, you can now book your COVID-19 vaccine. For more info & to book visit: <http://orlo.uk/icVkf>

TOWN COUNCIL NEWS

The next Town Council Meeting will take place this Wednesday 19th May at 7pm. Meeting papers including the Clerk's Report and Agenda are now available on the town website - <http://presteigne.org.uk/town-council>. *[ed. This non-Zoom meeting is a bit different this time - it starts with the Mayor-making ceremony at the Judge's Lodging, which is quite lovely to see. It also includes the TC's AGM which consists of their necessary administrative business, and then the usual monthly agenda items, all of which takes place at the Assembly Rooms. Members of the public are reminded to wear masks, ensure they sit in the seats allocated, and observe social distancing. Please do not attend if you have any symptoms of coronavirus. You will be required to supply contact details to enable Track & Trace to be used if necessary.]*

SCAM ALERT

Beware of scam texts appearing to come from your bank asking you to confirm the set up of a New Payee saying e.g. "If this was not you, visit <https://hsbc.xxxxxx.xxxx>". Some banks do text to alert you to a New Payee being set up but will always address you by name. NEVER click on a link - instead log in to your account to check information. Take a note of the mobile number and report any suspected phishing or scam text message by forwarding it to 7726.

NEWS FROM THE HIGH STREET & LOCAL BUSINESSES / ORGANISATIONS

...**from Jonathan.** Presteigne's three Investment Clubs are not just about buying and selling shares. Covid allowing, we're off zip wiring in North Wales this summer, enjoying a gourmet

Greek evening in Norton and our normal Christmas dinner in December. For further information, or to join the waiting list to become a member of one of the three clubs, please message me on FB or call 01544 260800

...Presteigne Little People Half Term Holiday Club Ages 9 months to 12 years. Tuesday 1st June – Friday 4th June. 30 Hour free childcare offer accepted. Open 8 am to 6pm £4.50 per hour plus snacks. Cooked lunch available or bring lunch box. Booking essential. Contact us: info@presteigneplaygroup.co.uk

...from the Royal Oak. Reopening indoors. As of next week we are allowed to open for indoor table service. We'll be open from Tuesday onwards with food available every day next week. Menu to be posted soon. Table booking advisable for: Wednesday - Steak Night from 5pm. Sunday - Roasts available 12 till 2pm. To book call us on 01544 260842 or message on here. Thank you for your continued support.

...from Jesi. Om Runa yoga classes will be starting in Presteigne on Tuesday 18th May at the Community Barn! Class will be weekly at 6:45pm and we will be alternating between Hatha & Restorative Yoga! I also teach private 1:1 classes and regular workshops. For more information and to book a class visit my website - don't hesitate to get in touch!
www.omrunayoga.co.uk

...from 1st Presteigne Scouts. Beavers Cubs and Scouts - Leaders and Assistant Leaders wanted for all sections. We currently have borrowed leaders but need them of our own. We meet at Presteigne Scout Hut, Went's Meadow on a Thursday evening currently, during term time, with occasional days at a weekend if you can, now that we are getting back to face to face meetings, with loads of outdoor fun planned. It's extremely satisfying, we are a great team and you will get loads of ongoing support. It isn't just one night a week, but it also isn't every night. There is some online and face to face training you are required to do, but this can be done over 3 years, not all in the first month. Please contact us if you want to know more, we are happy to plan a visit evening, and you can ask us as many questions as you like. You can visit for a few weeks before you make up your mind even! Need to be 18+, we will need to do a DBS and references. Please message us on FB if you might be interested. If between 16-18 and interested you could become a young leader, get in touch if you'd like to know more. Email c.e.bunton@outlook.com or call Claire 07717 478272

...from the Radnorshire Arms Hotel. As of Tuesday, we will be doing Pizza night. See our FB page for the pizza menu! Curry night will continue as of Monday.

...from Rose Cottage Flowers & Café. We are ready to open inside as well as out from 10am Monday. If you are coming for lunch and want to be inside, booking is advisable as we are only little. Next week's Day Centre menu is on our FB page.

...from The Judge's Lodging. We are re-opening on 1st July 2021 and we're excited to announce that we will be returning to our full hours, 6 days a week – see you then! <https://www.judgeslodging.org.uk/visit-us/opening-times-prices>

...from East Radnor Leisure Centre. As of Monday 17th May, our public and family swim sessions are BACK. All blue sessions on the timetable will now NOT need to be booked in advance, just turn up and check in at the desk. We still have lane swims available (stated on the timetable) which will need to be booked beforehand. The gym will be open to public all day, everyday so no need to book time slots. Just turn up and check in at the desk. Any questions or if you'd like any more information, please contact the centre on (01544) 260302

...from Aardvark Books & Café. This damp and rainy May we are still open Tuesday - Sunday, and from next Tuesday 18th May, you will be able to sit inside for coffee and cake too! We will be opening windows of course, always with an eye on COVID-safety, but if the weather continues damp like this, it will be quite a relief if you don't have to brave the elements, we think...Talking of Cold Climates, we've been thinking - and blogging - about the Mitfords, and not only have a new blog by Jenny, but also a great new list on Bookshop to share with you!

<https://www.aardvark-books.com/the-aardvark-blog/anyone-feeling-like-some-love-to-warm-this-cold-climate->

...from the Old School/Youth Centre. Newly-decorated and ready to go with all Covid-precautions in place ! We opened our doors again last week to some of our regular building users with Play & Stay, The Circle, Drawn Together, and Presteigne Repair all back or booked in to restart in the near future, and others getting ready to do so. If you are looking for a venue in the centre of town for your group or club, dance exercise or yoga classes etc. then look no further - we have one main hall and a side room, kitchen, disabled entry/exit and wc, wi-fi and 5-terminal computer suite, parking..and very competitive hire charges - call/text 07766 097600.

...from Leon's Supper Club. SPANISH NIGHTS - we still have tables available for Saturday 22nd and Saturday 29th May (above the Salty Dog, 14 High Street, Presteigne). For reservations please call us - 01544 262164 or 0780 5727 486

...from Nonna Caterina. It's been a wet week, but here comes some Italian sunshine (to your plate at least!) delivered to your door on Friday. Our heat-at-home, authentic pasta and Italian food is made from scratch, using our abundance of wonderful local suppliers and producers. All orders in by Tuesday pm please via DM on our Facebook page or via the website: www.nonnacaterina.co.uk

EVENTS & DATES FOR YOUR DIARY

...The garden at Bryan's Ground will be open on 22nd, 23rd, 29th, and 30th of May. 11am-5pm. Advance booking not required. Cash only. Admission £10/adult to include a free garden guide. No refreshments available. Feel free to bring a picnic. For more information see <https://www.bryansground.co.uk/open>

...Andy & Jules 'Antiques Fair' at Burton Court will be going ahead on 18-19 May 2021. The fair includes 45 dealers, located in one huge marquee with several others located throughout the rooms of the stunning house. Alongside the antiques, there will be homemade delicious food for you to enjoy whilst staring out to the beautiful grounds. The admission for this wonderful day out is only £5. It's probably worth that just to see the gorgeous house (let alone the antiques!) antiquesintents.co.uk

...from Rolly & Kate. National Dementia Action Week 20th - 26th May is to focus awareness on people living with a dementia; their families, friends, or carers, on actions that people can begin to take to support them throughout the year. Phone a friend, who has dementia, or maybe visit when possible ; listen, they still have things to share with you, help them feel valued. Ask someone who is caring for their relative or friend what will help them; listen & act. "You know where I am" isn't always enough. Think what else you might do. Presteigne Dementia Support offers informal assistance to individuals/ families/carers, helps make links with relevant services/groups, whilst seeking to enable people with dementia to be active & included. You can contact us for for information, to have a chat, to set up a dementia awareness session for you & your family, your friends, or at work. They are free & last less than an hour. Rolly [01544 260766](tel:01544260766) / Kate [01544 267227](tel:01544267227)

OTHER INFORMATION

Wildflower news. The verge by the bus stop lay-by in Norton has a lovely show this year of Lady's Smock (milkmaids & cuckoo flower are other names). These flowers are an important food source for the early Orange Tip butterfly, which also like the Jack by the Hedge flowers, known as garlic mustard, and seen along roadsides & under hedges. If you have this growing in your garden the young leaves are a tasty addition to salads. In Presteigne on the right hand corner where Warden Rd crosses the bypass, is a varied & colourful display of the earlier summer flowers, including red clover, vetches & buttercups.

...from Presteigne & Knighton Police. If you are interested in joining a Community Speed Watch Group then please get in touch with your Local PCSO. Our groups are back up and

running, adhering to Welsh Government Guidelines. We are looking for volunteers for existing speed watch groups in Whitton and Norton.

...from Recycle Now. Remember that baby wipes, cosmetic wipes and bathroom cleaning wipes are not recyclable and are not flushable either even though some labels say they are. They should always be placed in your black wheelie rubbish bin.

...from Powys CC for EU citizens. EU Settlement Scheme – 50 days left to apply
On Tuesday 11 May, we marked 50 days to go until the deadline of 30 June 2021 for applications to be made to the EU Settlement Scheme (EUSS). Read more <https://en.powys.gov.uk/article/11006/EU-Settlement-Scheme---50-days-left-to-apply>

...from Powys CC. Free Enhanced Motorcyclist Rider Scheme. Motorcyclists are invited to sign up to a free enhanced riders training course to help improve their riding skills and the safety of Powys roads. The Driver and Vehicle Standards Agency (DVSA) Enhanced Rider Scheme is suitable for full motorbike licence holders who want to improve their riding skills, for those returning to riding after a break, riders who have just passed their test, people upgrading to a more powerful motorcycle and/or those who want to check their riding standard. The course consists of a short online theory session and a half-day practical on-road session (on a weekend) with an experienced trainer. There is no test, but riding will be assessed, and appropriate training given to each participant who, all being well, will receive a DVSA certificate of competence on completion of the scheme. Dates for up-coming courses are: Saturday 5 and Sunday 6 June (Theory on the evening of 3 June). Saturday 17 and Sunday 18 July (Theory on evening of 15 July). Saturday 4 and Sunday 5 September (Theory on evening of 2 September). Spaces for these free courses are limited and fill up quickly. Please get in touch to reserve your places asap: 01597 826704 or gareth.evans@powys.gov.uk. See this video for more information on the DVSA Enhanced Rider Scheme: <https://crowd.in/fw07Wx>

...from Sally. I have set up a Facebook page Save Knighton Hospital, for a place for our Town and Community to express their concerns and views for the the future of our much loved and needed hospital. As a community we will not sit back and let PTHB take away another of our much needed facilities, this will be another major loss to our Town. Knighton Hospital now appears to be sliding into the possibility of closure on the back of Covid. Please folks let's see your support, please share, like and anything we need to do to keep this in the public eye.

...from Powys THB in response to fears that Knighton Hospital is going to be closed -
"Powys Teaching Health Board has absolutely no plans to close Knighton Hospital. The health board's response to COVID-19 meant that we had to temporarily close the ward at the hospital last year but we are still fully committed to re-opening it as soon as we are able."

...see this open letter from Carol Shillabeer, CEO PTHB <https://pthb.nhs.wales/news/health-board-news/update-on-knighton-community-hospital-from-carol-shillabeer/>

...Powys Pre-School Admissions – Reminder - Apply Online Now if you need to apply for a place for pre-school admissions in either January, April or September 2022. The Pre-School Admission Round for children born between 01/09/2018 – 31/08/2019 is now open. Parents / carers need to complete an online application at <https://en.powys.gov.uk/article/3810/Apply-for-Pre-School-3-and-4-yr-olds-Early-Years-Education>. Applications need to be made by the deadline of Friday 25 June 2021. Pre-School Admissions Offer Date is Friday 22 October 2021. If you are unable to apply online please contact preschooladmissions@powys.gov.uk

...Applications are now open for Powys Sixth Form courses starting in September 2021. A massive range of courses are available at a Powys Sixth Form including Law, Psychology, Further Maths and Physical Education. Those interested in studying at a Powys Sixth Form can find the full range of courses on the Llwybrau Dysgu Powys Learning Pathways website - <https://crowd.in/Ht7Xeu>. The website gives parents, carers and learners latest information on the courses as well as FAQs relating to the Post-16 offer in Powys. To find out more about the courses and to apply visit <https://crowd.in/IVP01n>

...from Powys CC for Powys freelancers in the cultural and creative sectors who continue to face financial hardship due to Covid may be eligible for further support. Read more <https://en.powys.gov.uk/article/11038/Extended-support-announced-for-Powys-freelancers>

...from Dyfed Powys Police. Could you play a key role in supporting and challenging the Dyfed Powys Police and Crime Commissioner? The Police and Crime Panel is looking for two new independent members to join them. Find out more at www.dppoliceandcrimepanel.wales

...from PTHB. Help us to help you - please phone your Minor Injury Unit before arriving, We began the 'phone first' system at the start of the Covid-19 pandemic because it allows us to book patients in and maintain safe social distancing. It is a simple phone triage system which means we can get the right patient to the right place at the right time. Often the solution for a patient can be found on the high street at local pharmacies, dentists and opticians. Sometimes, the phone triage system will advise patients to go straight to A&E so patients avoid a wasted journey. Now that the weather is improving and more of us are exercising, the Minor Injury Units are seeing an increasing number of patients who have fallen and twisted or sprained their ankle or knee. Meanwhile, insect bites and gardening-related injuries are once again on the rise. Phoning ahead first also means that the nurse practitioners within the Minor Injury Units can arrange X-ray appointments, if required. Powys Teaching Health Board is also reminding patients that symptoms can be checked online and advice can be sought at NHS 111 Wales. Always ring 999 if you are suffering from chest pains, severe breathing difficulties, a head injury, loss of consciousness or collapse, stroke symptoms, poisoning, choking or multi-trauma. To find out more about Minor Injury services, please visit <https://pthb.nhs.wales/services/urgent-care-services/choose-minor-injury-unit/>. Minor Injury Units in Powys are able to treat adults and children aged 2 and over, and are appointment-only during COVID-19. [\[ed. Our nearest Powys Minor Injuries Unit is at Llandrindod Wells, contact 01597 828735 \(07:00 to 00:00 midnight, every day\). X-ray opening times: 09:00 – 16:30pm Monday to Friday\]](#)

LOCAL AREA JOB OPPORTUNITIES

...from Dyfed-Powys Police. Recruiting Volunteer Police Cadets now! Are you or is someone you know aged between 14 and 17, and keen to get a behind the scenes look at policing? Interested in helping your community, getting involved in loads of different activities along the way, and learning brand new skills? Then we have the opportunity for you – we're open for new applications to join our Volunteer Police Cadets! We have units meeting right across the Dyfed-Powys area, so to find out more and how to apply head to our website

...from the Pet Shop in Kington. Due to my personal circumstances I have to sell my shop, it has not been a very easy decision. It has been run for more than 7 years now, well establish with good loyal customers and is proved to be very popular. So I do hope that somebody as dedicated as myself comes along to take over the shop. It would be nice if somebody local come along but will consider any enquiries or interest. Message me on FB or pop in to the shop for a chat. Would like to take this opportunity to thank all my customers for all your continued support 07966 534561

Join us as an Immunisation Clinician in Bronllys, Builth Wells, Newtown. Band 5 (£24.9k-£30.6k per annum pro rata) to 30 September 2021. Closing Date: 24 May 2021. Bronllys: <http://jobs.powysthb.wales.nhs.uk/job/UK/Powys/Bronllys/Powys Teaching Health Board/Immunisation Vaccination/Immunisation Vaccination-v3147182? ts=1296475>. **Builth Wells:** <http://jobs.powysthb.wales.nhs.uk/job/UK/Powys/Builth Wells/Powys Teaching Health Board/Immunisation vaccination/Immunisation vaccination-v3147267? ts=1297817>. **Newtown:** <http://jobs.powysthb.wales.nhs.uk/job/UK/Powys/Newtown/Powys Teaching Health Board/Immunisation Vaccination/Immunisation Vaccination-v3147344? ts=1298308>

...from the Royal Oak. We're looking for a part time member of bar staff to join our team. Applicants must be: 18+ - flexible to work evenings and weekends. Job will consist of 15-20 hours on average over 2/3 shifts a week. Potential for more during busier periods and to cover other staff. Previous experience is preferred or training will be given to the right candidate. Email your CV or any queries to royaloak.presteigne@gmail.com

...East Radnor Home Support wishes to appoint an experienced carer to the provide On-Call support. Working as part of an on-call rota team you would be required to respond to Care Line emergency calls as and when activated. The service is available 24hrs a day, 7 days a week, 365 days a year and shifts are available overnight and at weekends. Full training on using lifting equipment will be provided by you must be an experienced care assistant, who is calm in an emergency and comfortable to attend call outs on their own at any time of the night. Number of shifts available is flexible throughout the month. A contract of employment will be offered subject to a trial period. An On-Call retainer rate is paid for each shift and an hourly rate applies if you are called out. Please call 01544 260360 for more information or email admin@eastradnor.care for a job application form.

...from Powys THB. We are looking for a staff nurse for Knighton Hospital. We need an enthusiastic, motivated, forward-facing, patient-centred person to join our nursing team on Panpwnton at Knighton Hospital. We are looking for an individual who can work well as part of a multidisciplinary team, who is caring and kind and wants to develop their clinical leadership skills. You will be expected to work as an autonomous practitioner with the support of the ward manager, senior nursing and therapies staff. There are various hours and working patterns available on the ward. Job Title: Staff Nurse, Band: 5. See <https://bit.ly/panpwnton>

PACDG - the Presteigne Area Community Development Group ...“Working together for the Community”

If at any time you decide not to receive further PACDG emails, contact us on news@pacdg.org with REMOVE in the subject line & we'll immediately take you off the mailing list.