

Community News

Issue 120 March 2020

an information service from PACDG - the Presteigne Area Community Development Group

You are receiving this email because you asked to receive the Community News and be kept informed about PAC activities. If at any time you decide not to receive further PAC emails, just contact us on pacdg@icloud.com with REMOVE in the subject line and we'll immediately take you off the mailing list.

Editor's Note... In these really challenging times, we'll be sending out the Community News as needed to advertise help and services available in our immediate area and to pass on useful information for us all.

*** email pacdg@icloud.com if you have any information or advice to pass on to residents.**

*** and if you're self-isolating or need assistance in any way, you can also email pacdg@icloud.com and we'll pass on your message to people who can help.**

There are a number of people and organisations in town currently working hard to develop a coordinated strategy for dealing with effects of the corona virus and restrictions to life in Presteigne. As soon as this is ready we'll let you know.

And for those of you who 'do' Facebook, there's all sorts of useful stuff on Presteigne Life, and on the Facebook pages for our Town Council, Medical Centre, East Radnor Day Centre, and Citizens Advice, Little Peoples Playgroup, Primary School, John Beddoes High School, Friends of Norton Radnorshire, amongst others.

In the meantime, we still need to look after ourselves, friends and family, and our immediate neighbours, particularly those that are especially vulnerable to this virus and are sick, or having to self-isolate. One way of doing this is to set up a limited WhatsApp or Facebook group to connect your immediate neighbours, to enable easy communication and support when needed. Such groups are already up and running in several streets in town and will be a lifesaver for many residents.

And now some messages....

... from Aden at Weobley Ash Meats

We are offering a delivery service to self isolating people and the elderly within Presteigne and surrounding area. We have stocks of pork, lamb, hogget and mutton available fresh and frozen along with fresh veg. We also have hand washing facility outside the shop. Unit 6 Morgan Building, Industrial Estate, Presteigne, call 01544 598120 or email shop@weobleyash.co.uk ; and see us on Facebook

...from The Workhouse Gallery and Café

After careful consideration, we have taken the decision to temporarily change the way we operate in order to help protect our valued customers and staff. We very much want to ensure that our café and gallery remain open for as long as possible, continue to be a part of the community and to help & support others during the coronavirus outbreak. We understand that the government hasn't ruled out closing restaurants and non-essential shops, as per Italy and Spain, as part of their strategy to slow the spread of the coronavirus. With this in mind, we have decided to close the café to visitors and move to takeaway only whilst the gallery side of the building remains open for the time being.

We are also planning how we could go forward to offer home delivery. We hope this will ensure our staff can keep working for now and that it will help to protect the more vulnerable in our community by reducing mixing with others at close quarters.

The Workhouse Café - Call and carry out. From tomorrow we will put the menu on our [Facebook page](#) and [here](#) on the website. We will be offering all your usual favourites to takeaway, from a flat white coffee and croissant to a fresh, home-made Workhouse cafe lunch for up to 8 people. Please call us with your orders on **01544 267864**, payment will be taken over the phone, and we will have your order ready for collection at an agreed time. Please order between 10am and 3.15pm. We will be offering a 15% discount for NHS and care workers.

We know that volunteer groups are now beginning to organise within Presteigne and the local area to support those who may fall ill or are self-isolating. If anyone is able to help us by volunteering to deliver takeaways to people who are isolating or can't get out, we would be very grateful. Please do call us to discuss.

...from Leon and Ann Marie at The Salty Dog

Due to the increased restrictions that our customers are now facing, we at the Salty Dog would like to announce that as from Monday the 23rd March, we will be offering the following services.

1- Order and collect on a Sunday between 10am and 2pm. In order to avoid disappointment orders must be placed by the Wednesday before - you can either phone us on 01544 267720 or email thesaltydogpresteigne@hotmail.co.uk. All you need to do is park outside the shop and we will bring your order to you.


2- For anyone who is in self isolation, a delivery service will be available at prearranged time slots.

We would like to thank all our customers who have supported us during the good and bad times, and wish you all the very best especially during these difficult times.

The Salty Dog

...from the East Radnor Day Centre - the ERDC Home Support will be here to help all the vulnerable people in our community. Staff will be redeployed from the Day Centre to cope with the extra volume. If you know of any vulnerable friends/neighbours who are not already signed up to the service then please do get in touch ASAP so we can make contact. Home Support can deliver essential shopping, prescriptions, etc. We are also working at setting up a meals on wheels service for those in need of a hot meal. More details to follow over the coming days. Thank you. Phone: 01544 260360

...from Presteigne Medical Centre.  Coronavirus (COVID-19) update at 1000 on

17/03/20  Due to the current outbreak of Coronavirus (COVID-19), Presteigne Medical Practice is suspending face-to-face appointments for routine cases.

All requests for appointments will be managed via telephone triage and a clinician will assess your needs and support you accordingly.

To access the triage team please call 01544 267985.

The Practice website is available at <https://www.presteignemedicalcentre.com>

For the latest national advice and guidance on Coronavirus (COVID-19) please visit the Public Health Wales website at <https://phw.nhs.wales/coronavirus>

...from the Post Office. With the current situation regarding Coronavirus ... If your postman/postwoman knocks your door with an item that requires a signature, you will NOT be required to sign the PDA touchscreen....

They will check you are home and leave by your door stepping a safe distance once you have got the item and they will sign it Covid-19 and your name.

If no one is available they will try a neighbour if they are able to, or the usual routine of leaving a card and the item being redelivered or picked up from the nearest Sorting Office.

Please respect this decision as this is a public service and Royal Mail are not implying anyone has the virus.... it's just a precaution to safeguard everyone and themselves. Thank you. All details can be seen on the Royal Mail website

...from Sheep Music. Here at Sheep Music, we are continually monitoring the situation surrounding Corona Virus. As the festival is around 5 months away, it is far too early to determine with any certainty what effect the virus will have on our event and what situation the country will be in at this point. It is also highly likely that any peaks and the worst of the situation will have passed by August. All things considered, we have decided to continue with our planning and to listen closely to what advice the government and health bodies release and act accordingly. Steps are also being taken within our planning process to prepare for the impact this could have on us.

Sheep Music is a volunteer-led, community, music and arts charity which depends highly on your support. Although highly unlikely, the virus could have devastating effects for us and similar events and organisations throughout the country. We ask you to keep supporting us and buying tickets as you have done so far. We have a fantastic lineup and programme ready for you and please don't worry, all your ticket money is protected should a worse case scenario arise.

...from the Primary School. Parents' evenings will be postponed this week as a precautionary measure to limit any potential spread of Coronavirus. They will be rearranged later in the Summer Term.

We will update you regarding other upcoming events as soon as possible. Thank you for your continued support.

...from the Football Club. PSAFC SUPER LOTTO has had to be suspended until further notice. Apologies for the suspension but as a club we feel we are making the right decision to try and stop the spread of this virus.

...from the Youth Club. The Youth Project Committee Have Decided that Youth Club is going to be closed until further notice due to the Covid-19 outbreak. Stay safe everyone! See you soon!

...from Presteigne Bowling Club. Regrettably, we've had to cancel the Easter Cash & Prize Bingo scheduled for Saturday 4th April. We hope to rearrange the Bingo once the corona virus situation has resolved.

Similarly the monthly Quiz Night is cancelled and hopefully will resume after the summer.

...from SHARPPP Chat. Like many community events far and wide, the Sharppp Chat discussion group is postponing its monthly meetings for the next three months at least, so no April, May or June 'chats'. As soon as it's wise to restart them we will be up and running again.

...from Presteigne & Knighton Leg Club. The Leg Club has had to be cancelled until further notice. If you need an appointment or to discuss your leg care, call the District Nurse Office on 01547 521 270

...from Presteigne Little People's Playgroup. 🌿 Corona Virus Update 🌿 Thank you all for your cooperation helping to keep Presteigne Little People as safe as possible. We have reviewed our policies to ensure we are following the latest guidance to limit the spread of infection.

These changes include:

- 🌿 Each Child's temperature will be taken on arrival by staff with your supervision. If your child has a temperature over 38°C you will not be able to stay.
- 🌿 The cloakroom is closed. All coats and bags will be handed from parents to staff on arrival and returned at the end of their session. Please help by only bringing essential coat, lunch box and nappies (if required) no need to bring drink bottles or toys.
- 🌿 Children will be supervised to wash their hands effectively on arrival (we have a new song they can teach you at home) this includes after school club too.
- 🌿 Please help protect staff team by keeping drop off and pick up as quick as possible and call or email with any additional queries. (01544) 262 130
info@presteigneplaygroup.co.uk
Sophie in the office will only be available via telephone or email.
- 🌿 Stay and play on Wednesday mornings has been postponed until after Easter Break.
- 🌿 Mother's Day pamper session Friday 20th March postponed.
- 🌿 We will keep you informed with any changes as soon as we are aware.

A couple of readers have asked about recycling of CDs and DVDs ? We checked with PCC Waste - unfortunately, they cannot be recycled through the kerbside collection service, this is limited to bottles, pots, tubs and trays. These items can be recycled however using the British Heart Foundation collection point at our Bring Site in the layby on the bypass, or can be taken to one of our area Household Waste Recycling Centres (e.g. Kington, Leominster, Llandrindod).

THE FOLLOWING ALREADY-ADVERTISED EVENTS HAVE BEEN POSTPONED/CANCELLED BUT, GIVEN THE CURRENT SITUATION, WE MUST EXPECT THAT MOST GATHERINGS WILL BE CANCELLED AND WE STRONGLY RECOMMEND YOU CHECK WEBSITES OR FACEBOOK PAGES, OR CONTACT THE ORGANISERS OF ALL EVENTS OR CLUB MEETINGS ETC, IN ADVANCE, TO FIND OUT IF THEY'RE STILL GOING AHEAD.

Saturday 21st March - Repair Presteigne at the Youth Centre

Saturday 21 March - 4th Annual Grand Spring Sale at The Assembly Rooms

Saturday 21st March - Lent Lunch at St Andrews Church Hall

Sunday 22nd March - "From Necessity to Luxury" at The Assembly Rooms

Wednesday 25th March - "Readings by the poet Manuel Iris" at The Assembly Rooms.

Friday 27th March - Presteigne Screen "Monos" at The Assembly Rooms

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.

We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - email text (not poster images please) at least 3 weeks in advance to pacdg@icloud.com.

The Community News is published twice per month. Feel free to tweet or forward this issue to others. If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.