

Community News

Issue 132 March 2020

an information service from PACDG - the Presteigne Area Community Group "Working Together"

You are receiving this email because you asked to receive the Community News & be kept informed about PACDG activities. If at any time you decide not to receive further PACDG emails, contact us on pacdg@icloud.com with REMOVE in the subject line & we'll immediately take you off the mailing list.

- **Please contact us if you see or hear of anything that will be of help to other residents - ideas or suggestions for new hobbies, or things to do at home, especially welcome ! email pacdg@icloud.com**
- **and if you're self-isolating or need assistance in any way, you can also email pacdg@icloud.com and we'll pass on your message to people who can help.**

Our thoughts go out to all the men who, over the country have been telling their wives and partners "I'll fix it when I have time" - your time is now up !!!
(see Presteigne Freegle item below about Fix-It Guides)

UPDATE FROM LOCAL BUSINESSES AND THE HIGH STREET

(things are still changing every day so, if you have access to the internet, please double check information on websites or Facebook pages)

...from Shepherds Ice Cream. We will be doing a delivery to Presteigne this Friday with free delivery for 4 x 1/2 litre tubs. Order latest Wednesday by email to enquiries@shepherdsicecream.co.uk. Visit their Facebook page for flavours and details <https://www.facebook.com/Shepherds-Ice-Cream-140233879427552>

...from Hobsons Brewery. We will be delivering to Presteigne this week and are offering free local delivery. Polypins available - 18 pint (£25) or 36 pint (£50). Call them on [01299 270837](tel:01299270837) to order. Facebook page <https://www.facebook.com/HobsonsBeers>

A reminder on local shop services:

CARINI'S BUTCHERS 01544 260026 – collection service; **DELI TINTO** 01544 260534 or email hello@delitinto.com – collection/delivery service; **SPAR** 01544 267328 – collection/delivery service; **PREMIER** 01544 267702 – collection service; **RHOS ORGANICS** email info@rhosorganic.co.uk - collection service (at Weobley Ash); **THE SALTY DOG** (greengrocer) 01544 267720 or email thesaltydogpresteigne@hotmail.co.uk - delivery & order/collect service; **WEOBLEY ASH** (lamb/pork/fresh veg) 01544 598120 or email shop@weobleyash.co.uk - Order and collect service

...and on local restaurant takeaway services:

DAPHNE'S (pizza takeaway) 07377 909216 Opening hours: Thursday/Friday (5–9pm); Saturday/Sunday (noon–9pm); **ROSE COTTAGE FLOWER SHOP & CAFÉ** (Trad English food delivered to your home) 01544 260453; **WILD THYME** (Italian takeaway) 07854 428668 Pre-order by Weds/Thursday for pick-up Friday/Saturday; **THE CABIN** (Chinese takeaway) 01544 267068 Tuesday to Sunday (5-11pm)

THINGS DO WHILE COCOONED !

From Freegle - calling all repairers ! Some of us find ourselves at home with some unintended time on our hands...Did you know @iFixIt has a whole bunch of #repair guides so you can learn to fix your broken stuff! <https://www.ifixit.com/Guide>. #GoodToKnow

Have you heard about the Gareth Malone Great British Home Chorus ? - register to take part here <https://decca.com/greatbritishhomechorus/>

Ed. sorry, the url link was incorrect in a previous Community News about the FREE National Theatre Live which kicks off with James Corden in One Man Two Guvnors on 2 April at 7pm on their YouTube channel. This is the correct link: <https://www.youtube.com/channelUCUDq1XzCY0NIOYVJvEMQjgw>.

From Dogs For Good. They've put together some brain games and enrichment ideas for your dogs during the coronavirus lockdown period to help keep them happy. First up is the bottle kong! All you need is a plastic bottle and some treats. Read more here: <https://bit.ly/2xpCF5p>

People looking to do exercise, training, yoga, pilates etc at home, may need equipment. The Retreat in Presteigne has mats, foam rollers, resistance bands, massage balls and grip socks for sale and available for collection. Please email Marian at - marian@retreat.wales.

Knit for a Warm Baby - Hospitals in Need. Birmingham's Children's Hospital and Women's Hospital are running very low on the following items: Incubator Blankets (around 20" x 22 "), Mittens & Booties, Hats - size tiny preemie - newborn. All colours are welcome. Knitting pattern available if needed for preemie hat - send email to christinemwells@icloud.com. If you have patterns for other items please share - send those to same address. Items can be delivered/dropped off at The Cottage in Scottleton Street and we'll arrange bulk postage to the Hospital. Text ahead to 07766 097600.

Activities from The Judge's Lodging. Gabby says "we will be posting something on Facebook and Twitter for every day that we would have been open - Victorian indoor games, recipes and household hints, and perhaps some of our favourite objects from time to time. Keep an eye on the Judge's Lodging social media from tomorrow. <https://www.facebook.com/TheJudgesLodging/> and <https://twitter.com/judgeslodging?lang=en>

Wondering what you're going to cook over the next few months to eke out those ingredients lurking at the back of your cupboards ? A reader suggests trying www.supercook.com which suggests recipes from lots of cooking websites based on your available ingredients. Try not to look on cooking as a chore but a productive use of new-found time, a calming distraction from a world of worry - and perhaps a fun thing to do with bored children !!

OTHER INFORMATION

A message from Caroline (Combe Corner Flood Watch). As from (Wednesday last week) I am the point of contact for Stapleton, Kinsham, Combe, and Byton. If you are vulnerable or need support for shopping, medication, or just someone to talk to, please get in contact. And as this is such a spread-out area, if you are able to offer support in this Parish, please get in touch. Keep safe everyone, Caroline 01544 260366

There's a lot of misinformation doing the rounds about #coronavirus, so it's really important you get your information from a trusted source. Visit nhs.uk/coronavirus to find out what the symptoms are, what you should do if you have them, and how to prevent the spread.

A message from a Rockbridge Park resident - I have been using the printer to print out the Community News letters to save and pass on to a neighbour who does not have a computer. To save on inks I have been changing the settings to print in monochrome/black and using the duplex printing/print on both sides settings, which seems to be working. The colour ran out before my new inks were delivered but only printing in black has kept me going, especially as the fantastic newsletters are being produced more - many, many thanks. Here on Rockbridge Park the residents (YES, Residents - we are not holiday home owners!) have to be over 50 to live here and most of us now are over 70. The holiday side is now closed to holidaymakers. I would also like to thank the generosity and assistance Presteigne are giving to us by delivering the things we need. Bless you. Yours...

Update on Emergency childcare hubs (Presteigne CP School)

Critical workers will need register online if they require their child to attend an emergency childcare hub, which is for children aged 4+.

Bookings have closed for the period Friday, March 27 to Friday, April 3. However, if your child is unable to stay home safely and they need to attend a hub, email covid19.hubs@powys.gov.uk and your request will be considered for this period.

Places must be booked online on a weekly basis and by the Wednesday of each week for the following week. Critical workers will be notified if their application to the hub is successful on the Thursday before the start of the hub week, which will be a Saturday.

The hubs are not schools and will operate seven days a week. Transport and food will be provided at the hubs.

If you are a critical worker with children under the age of five and need childcare provision, please email childcareoffer@powys.gov.uk or register at <https://tinyurl.com/Emergency-childcare-hubs>

Some messages from the Welsh Government and Powys County Council.

- **From this Tuesday, a free weekly food box will be available to the 75,000 people who have been asked to take shielding measures, including staying at home for at least 12 weeks.** Each free box will provide essential food for one person for a week, and will be delivered weekly. If more than one person in the household is shielding, they will also receive food. Details available here: <https://gov.wales/get-coronavirus-support-extremely-vulnerable-person>
- ***Financial Help* In response to COVID19 we've set up a dedicated Powys County Council phone line for financial support and advice.** We know how worried people are and we really hope this will help. Get in touch... 01597 826345, Mon - Fri, 9am - 4pm. Also, starting THIS WEEK we'll be awarding £60m worth of reliefs & grants to local businesses! Our Finance Team have pulled out the stops to make this to happen, so thanks to them. Read more here bit.ly/3aqK0jy
- **Council Tax.** We have difficult times ahead as we deal with this pandemic but the Council is doing as much as it can to support our communities, residents and businesses. Last week Council Tax bills were delivered to homes across Powys, at the same time when many residents were facing a loss of income but we had little choice about timing, however to give additional support, a new telephone line has been set up

to give advice to both residents and businesses, 01597 826345. If householders in your ward have any questions about Council Tax or Business Rates, please encourage them to call this number. We are bound by legislation as to when we issue our Council Tax demands and appreciate that they are arriving with residents when many of them are concerned about the virus and how it will affect them and their family. A considerable number of lower income households are already able to receive support from the Council Tax Reduction Scheme, this scheme is open to any person who is resident in Powys, pays Council Tax and meets the eligibility criteria. More may now qualify under this scheme. The council has a team of officers who can offer confidential help and support around the various Coronavirus finance schemes being announced as well as helping them to find other reliefs, benefits or awards they may be entitled to. Officers also can help to find ways to help them manage money including ways to spread payments including Council Tax or Business Rates bill, find better fuel options and also help manage debt.

- **Ref the recent article about countryside access and use of public rights of way in the county.** I do understand that there is strong feeling in the community about the current situation. However, the public rights of way network remains open for use, on the basis that people use the paths in their local area and do not drive to take exercise. We have issued a press release to explain that to the public and to encourage thoughtful behaviour; if you could include a link to our press release in your newsletter, that would be much appreciated. The press release is at: <https://en.powys.gov.uk/article/8835/Access-to-the-countryside-in-Powys>

A message from Roger about the Parish Magazine. Dear All - In an effort to circulate an April issue of the Parish Magazine at a time when we cannot ask volunteers to deliver it, I have prepared a cut-down but colour (!) email version. In normal times (remember normal times?) we deliver to around 500 subscribers and put copies for sale in St Andrew's, Presteigne. Since I know the email addresses of but a few subscribers I am sending this to many and encourage you to pass the April Magazine on as an email attachment or as hard copy to as many friends and family as you can; the text is read-only. Printing instructions appear on page 1. I appreciate many who receive this may not read the Parish Magazine on a regular basis, but others might (you never know!) soon miss it. I fear the coronavirus crisis lock-in may last for longer than we would wish, and will do my best to produce email versions of the Parish Magazine if folk send me items and if enough of you tell me it is welcome. I appreciate not all of you read the Parish Magazine on a regular basis, but hope you find something in this of interest and help. I send everyone my best wishes together, I am sure, those of our clergy and colleagues. In friendship, Roger.
To subscribe to the Parish Magazine e-mag, email standrewsintray@btinternet.com

PACDG – the PRESTEIGNE AREA COMMUNITY DEVELOPMENT GROUP.. “WORKING TOGETHER”

If you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.

We're happy to help publicise community and charity activities and events (but only for events in the immediate Presteigne area) - email text (not poster images please) at least 3 weeks in advance to pacdg@icloud.com.

The Community News is published twice per month. Feel free to tweet or forward this issue to others if you have any questions on what's happening - or not happening - in our community, do let us know and we'll do our best to provide an answer, or at least point you in the right direction - simply email pacdg@icloud.com.